Shelter-in-Place for Active Shooter

When disaster strikes, it may be safer to stay in your home, place of employment, or other location. Learn where to go, what to do, and how long you should shelter-in-place for the hazards in your area.

An active shooter is an individual engaged in attempting to kill people in a confined space or populated area. Active shooters typically use firearms and have no pattern to their selection of victims.

Take Additional Safety Measures

**If you see suspicious activity,** let an authority know right away.

**When you visit a building** such as a shopping mall or healthcare facility, take time to identify two nearby exits. Get in the habit of doing this.

**Map out places to hide.** In rooms without windows, behind solid doors with locks, under desks, or behind heavy furniture.

Many places, such as houses of worship, workplaces, and schools, have plans in place to help you respond safely. Ask about these plans and get familiar with them.

**If you participate in an active shooter drill,** talk with your family about what you learned and how to apply it to other locations.

FirstOfficers on scene will not stop to help the injured. Their priority is to end the incident as fast as possible. Rescue teams will move in after the first officers and will treat and move the injured to safety.

**Run**
- **Get away** That is your top priority!
- **Leave** behind any belongings.
- **Help** others if you can, but you must escape.
- **Warn** others to stay away from the area.
- **Call 9-1-1** when you are safe.

**Hide**
- **Stay out** of the shooter’s view.
- **Lock and block** entrances and turn off lights.
- **Groups of people** should spread out when hiding.
- **Text 9-1-1** and text message others to silently communicate.
- **Stay in place** until given the all-clear signal.

**Silence electronic devices and make sure they don’t vibrate.**

Devices that buzz or ring will bring attention to places of hiding.

**Fight as a last resort!**
- **Commit to your actions.** Fight. Do not hesitate.
- **Be prepared** to inflict severe injury to shooter.
- **Throw objects** or improvise weapons (staplers, scissors, chairs).

Visit [https://community.fema.gov/ProtectiveActions/s/](https://community.fema.gov/ProtectiveActions/s/) for more information.
Shelter-in-Place for Chemical Hazard

If told *not* to evacuate or it is *too late to evacuate*

When disaster strikes, it may be safer to stay in your home, place of employment, or other location. Learn where to go, what to do, and how long you should shelter-in-place for the hazards in your area.

Chemical agents are poisonous vapors, aerosols, liquids and solids that have toxic effects on people, animals or plants.

### Take Additional Safety Measures

**Go inside** as quickly as possible. Bring any pets indoors.

**Lock** all doors and windows for a better seal.

**Turn off** the air conditioner or heater, all fans, close the fireplace damper and any other place that air can come in from outside.

**If available, tape** plastic over window(s) in the internal room you are sheltering. Use duct tape around the windows and doors and make an unbroken seal. Tape over vents and seal any electrical outlets.

**Do not drink water from the tap.** Stored water will be safer.

**Listen** for current emergency information and instructions from authorities.

Visit [https://community.fema.gov/ProtectiveActions/s/](https://community.fema.gov/ProtectiveActions/s/) for more information.
Shelter-in-Place for Earthquake

When disaster strikes, it may be safer to stay in your home, place of employment, or other location. Learn where to go, what to do, and how long you should shelter-in-place for the hazards in your area.

Earthquakes are the sudden, rapid shaking of the earth, caused by the breaking and shifting of underground rock. Earthquakes can collapse buildings and cause heavy items to fall, resulting in injuries and property damage.

Take Additional Safety Measures

**Drop, Cover, and Hold On** like you practiced.
- Drop to your hands and knees. Cover your head and neck with your arms.
- Hold on to any sturdy furniture until the shaking stops.
- Crawl only if you can reach better cover without going through an area with more debris.

**If in bed, stay there.**
- Turn onto your stomach.
- Cover head and neck with a pillow.

**Secure** TVs, shelves and other heavy furniture.

**If you are in a high-rise building,** expect fire alarms and sprinklers to go off. DO NOT use elevators.

**If you are in a Multistory Building** includes schools, apartments, and offices
- Take cover under a sturdy table, hold on and cover your neck and head.
- Do not use elevators.

**If you are in a 1- or 2-Story Building** May have an attic and/or basement
- Use a pillow to cover your head and neck.
- If you are already outside, stay outside.
- If you are inside, do not run outside.

**If you are in a Manufactured or Mobile Home**
- Use a pillow to cover your head and neck.
- If you are already outside, stay outside.
- If you are inside, do not run outside.

Visit [https://community.fema.gov/ProtectiveActions/](https://community.fema.gov/ProtectiveActions/) for more information.
Shelter-in-Place for Flooding/Flash Flooding

If told not to evacuate or it is too late to evacuate

When disaster strikes, it may be safer to stay in your home, place of employment, or other location. Learn where to go, what to do, and how long you should shelter-in-place for the hazards in your area.

Flooding is the most common natural disaster in the United States. Floods may develop slowly or quickly without warning. Flash flood is due to an extreme volume of water in a short period caused by heavy rainfall, a levee or dam failure, or a sudden release of water by a debris or ice jam.

Take Additional Safety Measures

- **Go inside as quickly as possible.** Bring any pets indoors.
- **If trapped** in a building by flooding, go to the highest level of the building. Do not climb into a closed attic. You may become trapped by rising flood water.
- **Use** a generator or other gasoline-powered machinery ONLY outdoors and away from windows.
- **Listen** for current emergency information and instructions.

Visit [https://community.fema.gov/ProtectiveActions/s/] for more information.

If you are in a Manufactured or Mobile Home

- If the floodwaters rise to a dangerous level, get on the roof and call 911.
- Take your go-bag and critical documents with you (for SIP and evacuation)

If you are in a 1- or 2-Story Building

- If the floodwaters rise to a dangerous level, get on the roof and call 911.
- Do not go into the attic; you could become trapped.
- Take your go-bag and critical documents with you (for SIP and evacuation)

If you are in a Multistory Building

- If the floodwaters rise to a dangerous level, get on the roof and call 911.
- Take your go-bag and critical documents with you (for SIP and evacuation)

How long to shelter-in-place?

If safe, stay inside until local authorities provide other instructions.

If told to evacuate, do so immediately.

- **Do not** drive around barricades.
- **Stay off** bridges over fast moving water. Turn around. Don’t drown!
- **If your vehicle** is trapped in rapidly moving water, stay inside. If water is rising inside the vehicle, get on the roof and call 911.
Shelter-in-Place for Hurricane (High Wind, Flooding and Storm Surge)

If told not to evacuate or it is too late to evacuate

When disaster strikes, it may be safer to stay in your home, place of employment, or other location. Learn where to go, what to do, and how long you should shelter-in-place for the hazards in your area.

Hurricanes are massive storm systems that form over warm ocean waters and move toward land. Threats from hurricanes include powerful winds, heavy rainfall, storm surges, coastal and inland flooding, rip currents, tornadoes, and landslides.

Take Additional Safety Measures

If trapped in a building by flooding, go to the highest level of the building. Do not climb into a closed attic. You may become trapped by rising flood water.

Use a generator or other gasoline-powered machinery ONLY outdoors and away from windows.

Save phone calls for emergencies. Use text messages or social media to communicate.

Listen for current emergency information and instructions.

Go inside as quickly as possible. Bring any pets indoors.

If you are in a Manufactured or Mobile Home

Evacuate to the nearest shelter site.
Do not walk, swim, or drive through flood waters.

If you are in a 1- or 2-Story Building May have an attic and/or basement

For flood or storm surge danger: Go to highest room in the house.
Do not go to the attic.

Take your go-bag and critical documents with you (for SIP and evacuation).

For high wind: Go to a small, interior, windowless room in a sturdy building on the lowest level.

If you are in a Multistory Building Includes schools, apartments, and offices

For flood or storm surge danger: Go to highest level in the building.
Do not go to the attic.

For high wind: Go to a small, interior, windowless room in a sturdy building on the lowest level.

Visit https://community.fema.gov/ProtectiveActions/s/ for more information.
Shelter-in-Place for Nuclear/Radiological Event

When disaster strikes, it may be safer to stay in your home, place of employment, or other location. Learn where to go, what to do, and how long you should shelter-in-place for the hazards in your area.

Nuclear explosions can cause significant damage and casualties. Exposure to dangerous radiation falling to the ground can cause severe illness. Radioactive fallout generally begins to collect about 10 minutes after the explosion. This gives you time to find adequate shelter.

Get In, Stay In and Tune In.

- Get inside the nearest building to avoid radiation. Brick or concrete are best. Bring any pets indoors.
- Go to the basement or middle of the building. Stay away from the outer walls and roof.
- Close and lock all windows and doors. Turn off units that bring in air from the outside.
- Stay inside for 24 hours unless local authorities provide other instructions.
- Listen for instructions from authorities.

Take Additional Safety Measures

- Remove contaminated clothing and wipe off or wash unprotected skin if you were outside after the fallout arrived.
- Family members and caregivers should not leave to get their children. Schools/Day cares have plans and are caring for your children. Reunite later to avoid exposure to dangerous radiation.

Visit [https://community.fema.gov/ProtectiveActions/](https://community.fema.gov/ProtectiveActions/) for more information.
Shelter-in-Place for Pandemic

When disaster strikes, it may be safer to stay in your home, place of employment, or other location. Learn where to go, what to do, and how long you should shelter-in-place for the hazards in your area.

A pandemic is a disease outbreak that spans several countries and affects a large number of people. Because the virus is new to humans, most people will not be immune and a vaccine may not exist right away.

Take Additional Safety Measures

- **Stay at home** as much as possible and stay away from others that are sick.
- **Wash hands** frequently with soap and water for 20 seconds. Hand sanitizer with 60% alcohol may be used if soap and water is not available.
- **Wear a mask** when you are out of the home, caring for someone who is sick, or if you are ill coughing, sneezing, etc.
- **Practice good health habits.** Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.
- **Keep physical distance** from others. Practice keeping at least 6 feet apart. Limit close, face-to-face contact with others.
- **Listen** for current emergency information and instructions.

Cover your mouth and nose with a mask when in public and follow CDC Guidelines

**Face masks protect the wearer and others by reducing the spread of a virus.**

- **N95 Mask**
  - Tight fitting
  - Filters at least 95% of large and small airborne particles
  - Disposable

- **Surgical Mask**
  - Looser fitting
  - Contains large droplets
  - Disposable

- **Cloth Face Covering**
  - Looser fitting
  - Two layers contain large droplets
  - Reusable with washing

**If you are in a Manufactured or Mobile Home**
May have an attic and/or basement

**If you are in a 1- or 2-Story Building**
May have an attic and/or basement

**If you are in a Multistory Building**
Includes schools, apartments, and offices

For all homes structures, stay inside as much as possible to reduce exposure to the virus.

**What to do**
- **Minimize trips** outside to only essential requirements, e.g. buy two weeks of food at a time.
- **Create** an emergency plan so that you and your family know what to do and what you will need in case an outbreak happens. Consider how a pandemic may affect your plans for other emergencies.
- **Gather supplies** in case you need to stay home for several days or weeks. Supplies may include cleaning supplies, non-perishable foods, prescriptions, and bottled water. Buy supplies slowly to ensure that everyone has the opportunity to buy what they need. Remember that not everyone can afford to stock up immediately. Consider avoiding WIC-labeled products so that those who rely on these products can access them.

**Quarantine vs. Isolation**
- **Quarantine** separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.
- **Isolation** separates sick people with a contagious disease from people who are not sick.

If you believe you’ve been exposed to the disease, contact your doctor, follow the quarantine instructions from medical providers, and monitor your symptoms.

If you’re experiencing a medical emergency, call 9-1-1 and shelter in place with a mask, if possible, until help arrives.

Visit [https://community.fema.gov/ProtectiveActions/](https://community.fema.gov/ProtectiveActions/) for more information.
Shelter-in-Place for Thunderstorm

When disaster strikes, it may be safer to stay in your home, place of employment, or other location. Learn where to go, what to do, and how long you should shelter-in-place for the hazards in your area.

Lightning is a leading cause of injury and death from weather-related hazards. Thunderstorms are dangerous storms that include lightning.

Take Additional Safety Measures

- **When thunder roars, go indoors.** A sturdy building is the safest place to be during a thunderstorm.
- **Go inside as quickly as possible.** Bring any pets indoors.
- **If necessary, take shelter in a car with a metal top and sides.** Do not touch anything metal.
- **Get to land if boating or swimming.** Find a sturdy, grounded shelter or vehicle immediately.
- **Pay attention to weather reports and warnings of thunderstorms.** Be ready to change plans, if necessary, to be near shelter.
- **Listen for current emergency information and instructions.**

What to do

- **Unplug appliances and other electric devices to avoid surges.**

How long to shelter-in-place?

- **Listen** to authorities and weather forecasts for information on whether it is safe to go outside and instructions regarding potential flash flooding.

Visit [https://community.fema.gov/ProtectiveActions/#/](https://community.fema.gov/ProtectiveActions/#/) for more information.
Shelter-in-Place for Tornado

When disaster strikes, it may be safer to stay in your home, place of employment, or other location. Learn where to go, what to do, and how long you should shelter-in-place for the hazards in your area.

Tornadoes are violently rotating columns of air that extend from a thunderstorm to the ground. Tornadoes can destroy buildings, flip cars, and create deadly flying debris.

Take Additional Safety Measures

- **Take additional cover** by shielding your head and neck with your arms and putting materials such as furniture and blankets around you.
- **Go inside** as quickly as possible. Bring any pets indoors.
- **Do not enter damaged buildings** until you are told that they are safe.
- **If you are trapped**, cover your mouth with a cloth or mask to avoid breathing dust. Try to send a text, bang on a pipe or wall, or use a whistle instead of shouting.
- **Go to a small, interior, windowless room in a sturdy building on the lowest level.**
- **Listen for current emergency information and instructions from authorities.**

Visit [https://community.fema.gov/ProtectiveActions/s/](https://community.fema.gov/ProtectiveActions/s/) for more information.
Shelter-in-Place for Winter Storm

When disaster strikes, it may be safer to stay in your home, place of employment, or other location. Learn where to go, what to do, and how long you should shelter-in-place for the hazards in your area.

Winter storms create a higher risk of car accidents, hypothermia, frostbite, carbon monoxide poisoning, and heart attacks from overexertion.

Take Additional Safety Measures

**Limit your time outside.**
If you need to go outside wear layers of warm clothing and avoid overexertion.
Watch for signs of frostbite and hypothermia.

**Bring** any pets indoors.

**If trapped** in your car, stay inside.

**Check on neighbors.** Older adults and young children are more at risk in extreme cold.

Avoid carbon monoxide poisoning. Use a generator and other gasoline-powered machinery ONLY outdoors, 20 feet from the house and away from windows. Never heat your home with a gas stove top or oven.

**Listen** for current emergency information and instructions.

For all structures, **stay inside** and limit your time outside.

Avoid carbon monoxide poisoning by using generators and grills ONLY outdoors, 20 feet from the house and away from windows.

**What to do if power goes out**

If power goes out keep freezers and refrigerators closed.

**Monitor temperatures** with a thermometer.

Monitor medication that requires refrigeration.

Turn off or disconnect appliances, equipment or electronics to avoid spikes that can cause damage.

Visit [https://community.fema.gov/ProtectiveActions/s/] for more information.
Pandemic
Shelter-in-Place: Stay Home.
Minimize access to your home from anyone not isolating with you.

What to do: Reduce trips outside to only essential requirements. Clean surfaces often with disinfectant. Wash hands for 20 seconds frequently with soap. Avoid touching your eyes, nose, or mouth. Gather supplies in case you need to stay home for several days or weeks.

How long to stay: As advised by local public health officials.

Active Shooter

What to do: Run away from shooter. Call 911 if safe to do so. Hide if you cannot get away safely. Silence electronic devices. Lock and block doors, close blinds, turn off lights. Fight as a last resort.

How long to stay: If you are not able to run to safety, stay in place until law enforcement gives you notice that the danger is over.

Hurricane (High Wind, Flooding, Storm Surge)
Evacuate Immediately.

What to do: Do not stay inside. Go to a storm shelter or sturdy building. Manufactured structures such as mobile homes are unsafe during a hurricane.

How long to stay: For the length of the storm.

Thunderstorm
Shelter-in-Place: Stay inside.

What to do: Pay attention to weather reports. Be ready to change plans if necessary. Unplug appliances, avoid using running water or landline phones.

How long to stay: For the length of the storm.

Winter Storm
Shelter-in-Place: Stay inside. Limit time outside.

What to do: Avoid carbon monoxide poisoning by using generators and grills ONLY outdoors, 20 feet from the house and away from windows. Never heat a building with a gas stove top or oven.

How long to stay: For the length of the storm.

Floodling
Shelter-in-Place: Go to the highest level in the home but not in the attic. If the floodwaters rise to a dangerous level, get on the roof and call 911.

What to do: Listen for current emergency information and instructions. Use a generator or other gasoline-powered machinery ONLY outdoors and away from windows.

How long to stay: Stay inside until authorities indicate it is safe to leave.

Flash Flooding
Flooding Shelter-in-Place:

What to do: Go to the highest level in the home but not in the attic. If the floodwaters rise to a dangerous level, get on the roof and call 911.

How long to stay: Stay inside until authorities indicate it is safe to leave.

Earthquake
Shelter-in-Place: Stay where you are and take cover. Get under and on to sturdy furniture until the shaking stops. Protect the head and neck with arms.

What to do: Drop, Cover and Hold On. If in a bed, turn onto stomach and cover your head and neck with a pillow.

How long to stay: For the length of the earthquake.

Tornado
Evacuate Immediately.

What to do: Do not stay inside. Evacuate to a safe room, storm shelter, or sturdy building. Manufactured structures such as mobile homes are unsafe during a tornado.

How long to stay: For the length of the tornado.

Nuclear/Radiological
Shelter-in-Place: If you cannot make it to a brick or concrete structure, shelter in the middle of the structure.

What to do: Remove contaminated clothing; wipe off or wash unprotected skin if you were outside after the fallout arrived.

How long to stay: Stay inside for 24 hours unless local authorities provide other instructions.

Chemical Hazard
Shelter-in-Place: Stay inside your home and seal the room. Use duct tape around the windows and doors to make an unbroken seal. Tape over vents and electrical outlets.

What to do: Lock all doors and windows. Drink stored water, not water from the tap. Turn off the air conditioner, heater, and fans. Close the fireplace damper and seal off any other place where air may come in from outside.

How long to stay: A shelter in place will last approximately 12 hours or less, rarely will it go longer.

Visit https://community.fema.gov/ProtectiveActions/s/ for more information.
Shelter-in-Place for 1- or 2-Story Building  May have an attic and/or basement

**Active Shooter**
Run, Hide, Fight.

What to do: Run away from shooter. Call 911 if safe to do so. Hide if you cannot get away safely. Silence electronic devices. Lock and block doors, close blinds, turn off lights. Fight as a last resort.

How long to stay: If you are not able to run to safety, stay in place until law enforcement gives you notice that the danger is over.

**Hurricane** (High Wind, Flooding, Storm Surge)

Shelter-in-Place: Go to a sturdy building. For high wind go to a windowless room on the lowest level. For flooding go as high as possible but not into the attic.

What to do: For high wind, go to a small, interior, windowless room in the lowest level.

How long to stay: Stay inside until local authorities provide other instructions.

**Thunderstorm**

Shelter-in-Place: Stay inside.

What to do: Pay attention to weather reports. Be ready to change plans if necessary. Unplug appliances, avoid using running water or landline phones.

How long to stay: For the length of the storm.

**Winter Storm**

Shelter-in-Place: Stay inside. Limit time outside.

What to do: Avoid carbon monoxide poisoning by using generators and grills ONLY outdoors, 20 feet from the house and away from windows. Never heat a building with a gas stove top or oven.

How long to stay: For the length of the storm.

**Flash Flooding**

Shelter-in-Place: Go to the highest level in the home but not in the attic. If the floodwaters rise to a dangerous level, get on the roof and call 911.

What to do: Listen for current emergency information and instructions. Use a generator or other gasoline-powered machinery ONLY outdoors and away from windows.

How long to stay: Stay inside until authorities indicate it is safe to leave.

**Tornado**

Shelter-in-Place: Go to basement or lowest level in the structure. Go to a small, interior, windowless room in a sturdy building on the lowest level.

What to do: Protect your head and neck. Take additional cover by putting blankets around you.

How long to stay: Stay inside until weather forecasts and local authorities say it is safe to do so. Use extreme care when leaving a building as there may be dangerous debris.

**Chemical Hazard**

Shelter-in-Place: Stay inside your home and seal the room. Use duct tape around the windows and doors to make an unbroken seal. Tape over vents and electrical outlets.

What to do: Lock all doors and windows. Drink stored water, not water from the tap. Turn off the air conditioner, heater, and fans. Close the fireplace damper and seal off any other place where air may come in from outside.

How long to stay: A shelter in place will last approximately 12 hours or less, rarely will it go longer.

**Earthquake**

Shelter-in-Place: Stay where you are and take cover. Get under and old on to sturdy furniture until the shaking stops. Protect the head and neck with arms.

What to do: Drop, Cover and Hold On. If in a bed, turn onto stomach and cover your head and neck with a pillow.

How long to stay: For the length of the earthquake.

**Nuclear/Radiological**

Shelter-in-Place: Go to the basement or middle of the building. Stay away from the outer walls and roof.

What to do: Remove contaminated clothing and wipe off or wash unprotected skin if you were outside after the fallout arrived.

How long to stay: Stay inside for 24 hours unless local authorities provide other instructions.

**Pandemic**

Shelter-in-Place: Stay Home. Minimize access to your home from anyone not isolating with you.

What to do: Reduce trips outside to only essential requirements. Clean surfaces often with disinfectant. Wash hands for 20 seconds frequently with soap. Avoid touching your eyes, nose, or mouth. Gather supplies in case you need to stay home for several days or weeks.

How long to stay: As advised by local public health officials.

Visit [https://community.fema.gov/ProtectiveActions/s/](https://community.fema.gov/ProtectiveActions/s/) for more information.
Shelter-in-Place for Multistory Buildings

Includes condos, apartments, offices, and schools

Active Shooter


What to do: Run away from shooter. Call 911 if safe to do so. Hide if you cannot get away safely. Silence electronic devices. Lock and block doors, close blinds, turn off lights. Fight as a last resort.

How long to stay: If you are not able to run to safety, stay in place until law enforcement gives you notice that the danger is over.

Hurricane (High Wind, Flooding, Storm Surge)

Shelter-in-Place: Go to a sturdy building. For high winds go to a windowless room on the lowest level. For flooding go as high as possible but not into the attic.

What to do: For high wind, go to a small, interior, windowless room in the lowest level.

How long to stay: Stay inside until local authorities provide other instructions.

Thunderstorm

Shelter-in-Place: Stay inside.

What to do: Pay attention to weather reports. Be ready to change plans if necessary. Unplug appliances, avoid using running water or landline phones.

How long to stay: For the length of the storm.

Winter Storm

Shelter-in-Place: Stay inside. Limit time outside.

What to do: Avoid carbon monoxide poisoning by using generators and grills ONLY outdoors, 20 feet from the house and away from windows. Never heat a building with a gas stove top or oven.

How long to stay: For the length of the storm.

Flash Flooding

Shelter-in-Place: Go to the highest level in the building but not in the attic. If the floodwaters rise to a dangerous level, get on the roof and call 911.

What to do: Listen for current emergency information and instructions. Use a generator or other gasoline-powered machinery ONLY outdoors and away from windows.

How long to stay: Stay inside until authorities indicate it is safe to leave.

Tornado

Shelter-in-Place: Go to basement or lowest level in the structure. Go to a small, interior, windowless room in a sturdy building on the lowest level.

What to do: Protect your head and neck. Take additional cover by putting blankets around you.

How long to stay: Stay inside until weather forecasts and local authorities say it is safe to do so. Use extreme care when leaving a building as there may be dangerous debris.

Chemical Hazard

Shelter-in-Place: Stay inside your home and seal the room. Use duct tape around the windows and doors to make an unbroken seal. Tape over vents and electrical outlets.

What to do: Lock all doors and windows. Drink stored water, not water from the tap. Turn off the air conditioner, heater, and fans. Close the fireplace damper and seal off any other place where air may come in from outside.

How long to stay: As advised by local public health officials.

Earthquake

Shelter-in-Place: Stay where you are and take cover. Get under and old on to sturdy furniture until the shaking stops. Protect the head and neck with arms.

What to do: Drop, Cover and Hold On. If in a bed, turn onto stomach and cover your head and neck with a pillow.

How long to stay: For the length of the earthquake.

Pandemic

Shelter-in-Place: Stay Home. Minimize access to your home from anyone not isolating with you.

What to do: Reduce trips outside to only essential requirements. Clean surfaces often with disinfectant. Wash hands for 20 seconds frequently with soap. Avoid touching your eyes, nose, or mouth. Gather supplies in case you need to stay home for several days or weeks. If you must go to an office, campus, or live in a multi-story building, make sure to wear a mask and keep a physical distance of at least 6 ft apart.

How long to stay: As advised by local public health officials.

Nuclear/Radiological

Shelter-in-Place: Go to the basement or middle of the building. Stay away from the outer walls and roof. Take shelter in the basement, underground parking garage, or other lowest level in the structure.

What to do: Remove contaminated clothing and wipe off or wash unprotected skin if you were outside after the fallout arrived.

How long to stay: Stay inside for 24 hours unless local authorities provide other instructions.

Visit https://community.fema.gov/ProtectiveActions/s/ for more information.