Region II Preparedness and Resilience Webinars

2020 Webinar Catalog
This page intentionally left blank
# FEMA Region II Webinars

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CERT</strong></td>
<td>5</td>
</tr>
<tr>
<td>CERT Disaster Response Best Practices</td>
<td>5</td>
</tr>
<tr>
<td>Effective Interpersonal Communications for CERT Teams</td>
<td>5</td>
</tr>
<tr>
<td>Helping Helpers</td>
<td>5</td>
</tr>
<tr>
<td>Psychological First Aid for CERT Teams</td>
<td>5</td>
</tr>
<tr>
<td>Trauma-Informed Management of People in Crisis for CERT Teams</td>
<td>5</td>
</tr>
<tr>
<td><strong>Children, Youth and Families</strong></td>
<td>5</td>
</tr>
<tr>
<td>Helping Children Cope During COVID-19</td>
<td>5</td>
</tr>
<tr>
<td>Safe Learning for Kids</td>
<td>5</td>
</tr>
<tr>
<td>Youth Can Help with Preparedness</td>
<td>6</td>
</tr>
<tr>
<td>Youth Preparedness and Best Practices</td>
<td>6</td>
</tr>
<tr>
<td><strong>Communications</strong></td>
<td>6</td>
</tr>
<tr>
<td>Amateur &quot;HAM&quot; Radio for Emergency Managers</td>
<td>6</td>
</tr>
<tr>
<td>Create Messaging that Sticks and Helps Inspire Action</td>
<td>6</td>
</tr>
<tr>
<td>Powerful Presentations: Communication Fundamentals to Fully Engage an Audience</td>
<td>6</td>
</tr>
<tr>
<td>Powerful Presentations: Deep Dive Session on Introductions</td>
<td>6</td>
</tr>
<tr>
<td><strong>Continuity of Operations (COOP)</strong></td>
<td>7</td>
</tr>
<tr>
<td>Continuity: Why You Should Care and How We Can Help</td>
<td>7</td>
</tr>
<tr>
<td>From Transit Station to Workstation: Considerations for Returning to Work During COVID-19</td>
<td>7</td>
</tr>
<tr>
<td>Planning Considerations for Reconstitution</td>
<td>7</td>
</tr>
<tr>
<td><strong>Cybersecurity</strong></td>
<td>7</td>
</tr>
<tr>
<td>Avoiding COVID-19 Cyber Threats</td>
<td>7</td>
</tr>
<tr>
<td>Cybersecurity and Other Scams Targeting Small Businesses</td>
<td>7</td>
</tr>
<tr>
<td>Cybersecurity Essentials and General User Awareness</td>
<td>8</td>
</tr>
<tr>
<td>Cybersecurity and Other Considerations Amid COVID-19 in Spanish</td>
<td>8</td>
</tr>
<tr>
<td>National Cybersecurity Awareness Month</td>
<td>8</td>
</tr>
<tr>
<td><strong>Disabilities and Access and Functional Needs</strong></td>
<td>8</td>
</tr>
<tr>
<td>Effective Accessible Communications</td>
<td>8</td>
</tr>
<tr>
<td>Effective Accessible Communications: Part II</td>
<td>8</td>
</tr>
<tr>
<td>Information and Resources for the Power Dependent Durable Medical Equipment Community</td>
<td>8</td>
</tr>
<tr>
<td>Language Access Resources</td>
<td>9</td>
</tr>
<tr>
<td><strong>Faith Based Organizations</strong></td>
<td>9</td>
</tr>
<tr>
<td>Active Shooter Exercise Toolkit for Houses of Worship</td>
<td>9</td>
</tr>
</tbody>
</table>
Financial Preparedness

Individual and Community Preparedness

Mental and Emotional Health

Natural Hazards
<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>NWS Seminar: Tropical Season 2020 – Decision Making Tools</td>
<td>14</td>
</tr>
<tr>
<td>Preparedness Planning for Tsunamis in the Northeast</td>
<td>15</td>
</tr>
<tr>
<td><strong>Pet Preparedness</strong></td>
<td>15</td>
</tr>
<tr>
<td>Assistance Animals and Pets 101</td>
<td>15</td>
</tr>
<tr>
<td>Animal Emergency Preparedness: Physical and Psychological Planning for Your Pet During Natural Disasters</td>
<td>15</td>
</tr>
<tr>
<td><strong>Public Health</strong></td>
<td>15</td>
</tr>
<tr>
<td>COVID-19 Mask Considerations</td>
<td>15</td>
</tr>
<tr>
<td>Dialysis and Disasters: How to Plan, Prepare and Respond</td>
<td>15</td>
</tr>
<tr>
<td>Influenza Vaccination During COVID-19</td>
<td>16</td>
</tr>
<tr>
<td>Medicare and Medicaid Waivers and Flexibilities</td>
<td>16</td>
</tr>
<tr>
<td>The Role of Social Services and Mental Health During a Federally Declared Emergency</td>
<td>16</td>
</tr>
<tr>
<td><strong>Small Businesses</strong></td>
<td>17</td>
</tr>
<tr>
<td>Coronavirus Aid, Relief and Economic Security (CARES) Act</td>
<td>17</td>
</tr>
<tr>
<td>Disaster Preparedness for Small Businesses</td>
<td>17</td>
</tr>
<tr>
<td>Emergency Preparedness for Small Businesses During COVID-19</td>
<td>17</td>
</tr>
<tr>
<td>U.S. Small Business Administration Programs and Services</td>
<td>17</td>
</tr>
<tr>
<td><strong>Index</strong></td>
<td>19</td>
</tr>
</tbody>
</table>
CERT Disaster Response Best Practices
The Region II National Preparedness Division in collaboration with the National Community Emergency Response Team (CERT) Association held a webinar on CERT Disaster Response Best Practices. This webinar featured speakers from CERT programs across the country who have deployed to disasters.

Recording link: [https://fema.connectsolutions.com/p3lootgl33tx/](https://fema.connectsolutions.com/p3lootgl33tx/)

Effective Interpersonal Communications for CERT Teams
Effective communication skills are the pillars of building relationships, fostering teamwork, and increasing productivity and resilience. Raquelle Solon from FEI Workforce provides information and tools to enhance and improve your communications between each other and for those you serve.

Recording link: [https://icpd.adobeconnect.com/paf1yzreezxd/](https://icpd.adobeconnect.com/paf1yzreezxd/)

Helping Helpers
Disaster plans primarily focus on how to help crisis survivors, but who’s helping the helpers? The police, first responders and CERTs who help people get back on their feet after a disaster need help too. Raquelle from FEI Workforce, a company with a long history in enhancing workforce resiliency, offers insights on how to support first responders.

Recording link: [https://icpd.adobeconnect.com/pyn1ms6psw4v/](https://icpd.adobeconnect.com/pyn1ms6psw4v/)

Psychological First Aid for CERT Teams
Join this deep-dive session to learn strategies on how to address psychological stress in yourself, coworkers, or general public during the course of your emergency response.

Recording link: [https://icpd.adobeconnect.com/p1rnz0fody27/](https://icpd.adobeconnect.com/p1rnz0fody27/)

Trauma-Informed Management of People in Crisis for CERT Teams
What is “trauma” from a psychological standpoint? Find out the answer to this question and how crises effect individuals. Webinar attendees will gain a better understanding of how to recognize signs of stress in coworkers, the general public, or themselves; and develop approaches on how to effectively manage them.

Recording link: [https://icpd.adobeconnect.com/pk9w7lpsodga/](https://icpd.adobeconnect.com/pk9w7lpsodga/)

Children, Youth and Families
Helping Children Cope During COVID-19
The COVID-19 pandemic has brought out emotional reactions in children that may be difficult to cope with. In this webinar, we will discuss strategies and activities to promote positive coping in children. This webinar featured guest speaker, Dr. Ivelisse Morales from AmeriCares Puerto Rico, and was delivered in Spanish.

Recording Link Spanish: [https://icpd.adobeconnect.com/ph7pdkoq5gfg/](https://icpd.adobeconnect.com/ph7pdkoq5gfg/)
Recording link English: [https://icpd.adobeconnect.com/pb6che1b40ui/](https://icpd.adobeconnect.com/pb6che1b40ui/)

Safe Learning for Kids
As schools reopen with a virtual learning component, students are spending more time online and are vulnerable to cyber threats. Guest speakers from the Federal Trade Commission discuss cybersecurity for children and offer tips on dealing with cyberbullying. A guest speaker from the Administration for Children and Families discusses how to prepare students for returning to the classroom in a COVID-19 environment.
Youth Can Help with Preparedness
National Preparedness Month is held every September to promote the way families and communities engage in disaster and emergency planning. One of this year’s themes was “Teach Youth to Prepare for Disasters.” This webinar includes discussion on how Youth Preparedness Councils (YPCs) can have an impact on improving community resilience and how new emergency and disaster readiness tools and programs geared toward kids are now available online.

Recording link: https://fema.connectsolutions.com/p0vhrf25w2sr/

Youth Preparedness and Best Practices
FEMA Region II, along with guest speakers from the State of New Jersey, Burlington, Middlesex and Salem counties discuss how they engage youth in preparedness. Each speaker highlights programs that have proven successful including Youth Preparedness Councils, Teen CERT, Preparedness Summer Camps and more.

Recording link: https://fema.connectsolutions.com/p2m3xe52kizy/

Communications

Amateur "HAM" Radio for Emergency Managers
Learn how an amateur or “HAM” radio can be a useful tool before, during and after disasters. “HAM” radio has proven to be indispensable in the aftermath of major hurricanes such as Katrina, Irma and Maria and has historically been a valuable resource in the Response and Recovery phases of many disasters. “HAM” service provides viable communications when standard public safety and commercial telecommunications infrastructure has been severely impacted. This webinar helps to establish a NIMS compliant, AUXCOMM (Auxiliary Communications) program as part of your Emergency Operation Plan.

Recording link: https://fema.connectsolutions.com/plqiby693o3d/

Create Messaging that Sticks and Helps Inspire Action
Convincing people to plan for and protect themselves from devastating events is not an easy task. Dealing with threats with low probability and high impact can result in indifference to dealing with associated risks. Raising awareness by simply providing information is not enough.

Recording link: https://fema.connectsolutions.com/ph886kbo57t2/

Powerful Presentations: Communication Fundamentals to Fully Engage an Audience
Improve your public speaking skills and learn how to effectively engage an audience. Learn techniques to improve presentation skills through audience role play.

Recording link: https://fema.connectsolutions.com/pn1v121yxwzm/

Powerful Presentations: Deep Dive Session on Introductions
This webinar is part of a series of communications series that cover techniques to improve public speaking skills on topics in emergency management. This session focuses on how to open a presentation with a well thought-out introduction and how to pique interest with your first words.

Recording link: https://fema.connectsolutions.com/p389aazx0um1/
Continuity of Operations (COOP)

Continuity: Why You Should Care and How We Can Help
Continuity ensures that the whole community plans for ways to provide essential services and conduct those functions when normal operations are disrupted. FEMA National Continuity Programs can help you and your organization prepare yourselves to be able to help create a more resilient nation equipped to sustain essential functions and deliver critical services under all conditions.

Recording link: https://icpd.adobeconnect.com/pimbo13scejk/

Continuous Improvement (CI) can improve operational and programmatic outcomes by building upon what is going well and correcting what needs to be fixed. Learn what it takes to conduct CI related activities, including how to prepare for and facilitate an After-Action Review. Features representatives from the CI team who also provide real-world examples.

Recording link English: https://icpd.adobeconnect.com/pnzwluzp37j4/
Recording link Spanish: https://icpd.adobeconnect.com/p4tfzqnzpx81/

From Transit Station to Workstation: Considerations for Returning to Work During COVID-19
Are we ready to open? What is my commute going to be like? Is the building safe? For this webinar FEMA has partnered with the Government Services Administration, the Metropolitan Transportation Authority and NJ TRANSIT to address best practices for returning to work safely. This session features subject matter experts from the agencies who provide the essential services needed to accomplish this mission.

Recording link: https://fema.connectsolutions.com/pzf1y0875su2/

Planning Considerations for Reconstitution
FEMA National Continuity Programs can help you and your organization make informed decisions on how to plan for and return to operations once it is safe to do so. This webinar discusses factors to consider and provides ideas on how to accomplish bringing resources back to the workplace while.

Recording Link English: https://icpd.adobeconnect.com/pago44quaxj7/
Recording Link Spanish: https://icpd.adobeconnect.com/pz1w0oaql141/

Cybersecurity
Avoiding COVID-19 Cyber Threats
This webinar provided information about various COVID-19 related cyber threats including targeting of remote access services, distribution of phishing campaigns, and compromised websites. Krista Valenzuela, Cyber Threat Intelligence and Analysis Bureau, New Jersey Cybersecurity and Communications Integration Cell covers best practices and provides recommendations to reduce victimization.

Recording link: https://icpd.adobeconnect.com/pb0w9u5viwtc/

Cybersecurity and Other Scams Targeting Small Businesses
Often, after a disaster small businesses become targets for fraudulent scams that claim to provide assistance after an emergency. In this webinar FEMA’s federal partners provide information on different types of scams and how to avoid them. Additional resources are also provided.
Cybersecurity Essentials and General User Awareness
Now more than ever, due to present circumstances amid COVID-19, we all must depend and rely more on technology for information sharing. This webinar discussed those essential considerations for information technologies with regards to user and system security protection against digital attacks. Guest speakers from our federal partner Cybersecurity and Infrastructure Security Agency (CISA) will join us to discuss this very relevant topic.

Recording link English: https://icpd.adobeconnect.com/pcs5p5o2qcft/
Recording link Spanish: https://icpd.adobeconnect.com/p6tefuv19mmq/

Cybersecurity and Other Considerations Amid COVID-19 in Spanish
Learn more about cybersecurity essentials and overall user awareness. The coronavirus (COVID-19) pandemic left many with an increased need for technology. This webinar provides information on system security protection against digital attacks. Features guest speakers from The Cybersecurity and Infrastructure Security Agency (CISA).

Recording link Spanish: https://icpd.adobeconnect.com/pej3esjnpidq/

National Cybersecurity Awareness Month
October is National Cybersecurity Awareness Month, a time to raise awareness about the importance of cybersecurity and to ensure every American has the resources they need to operate safely and securely online. Features guest speaker from the U.S. Department of Homeland Security's Cybersecurity and Infrastructure Security Agency.

Recording link: https://fema.connectsolutions.com/p5i5je7y7z3p/

Disabilities and Access and Functional Needs
Effective Accessible Communications
In this webinar you will learn about “plain language” writing and the basic principles of writing clear communications for your audience. This session provides an overview of changes in technology, specifically virtual platforms, that can present accessibility challenges (i.e. language access). Subject matter experts from FEMA and the community provide invaluable insight, information and resources to assist participants in advancing the goal of Inclusive Emergency Management.

Recording link: https://fema.connectsolutions.com/petho6m4wjeu/

Effective Accessible Communications: Part II
This one hour webinar provided resources for print, TV and radio communication strategies and offer specific tools to help you write for your audience. This webinar explored solutions to the accessibility challenges virtual platforms can present. Subject matter experts from FEMA and the community provided invaluable insight, information and resources to assist participants in advancing the goal of Inclusive Emergency Management.

Recording link: https://fema.connectsolutions.com/p77e6medkxvn/

Information and Resources for the Power Dependent Durable Medical Equipment Community
In this webinar, subject matter experts provide emergency preparedness tips for individuals who are power-dependent due to their use of battery operated durable medical equipment and assistive technology. Presenters...
offer guidance on how individuals with disabilities and access and functional needs can best prepare for extreme heat events.

Recording link: https://fema.connectsolutions.com/p7irq1zmyq1u/

**Language Access Resources**
Understand the importance of providing clear public messaging in languages other than English, as appropriate, throughout FEMA’s disaster preparedness, response, recovery, and mitigation activities. Learn how the FEMA language access program supports disaster survivors, emergency managers, and other federal partners in providing language access during disaster operations and steady state.

Recording link: https://fema.connectsolutions.com/pdd3uoii3lfm/

**Faith Based Organizations**

**Active Shooter Exercise Toolkit for Houses of Worship**
Learn how houses of worship can enhance emergency preparedness capabilities using The Active Shooter Exercise Toolkit, a resource that supports safety and security committee members, interfaith preparedness organizations and/or local first responder agencies. Through a variety of materials, houses of worship can learn how to conduct their own tabletop exercise with little or no previous exercise experience.

Recording Link: https://icpd.adobeconnect.com/pekzрадrb7a2/

**Active Shooter Exercise Toolkit for USVI Houses of Worship**
This workshop walks participants through how to respond to an active shooter situation and how to run an active shooter tabletop exercise using the Active Shooter Toolkit. The USVI Police Department provided practical information on survival and response, followed by a FEMA Region II staff-led discussion on how to use the Toolkit; enabling houses of worship to run their own exercises with little to no previous exercise experience.

Recording Link: https://fema.connectsolutions.com/pxzl7ct80znn/

**Emergency Operation Planning for Houses of Worship**
This webinar gives attendees a closer look into emergency planning for houses of worship. Rev. Dr. Miriam Burnett of the Jones Tabernacle African Methodist Episcopal Church shares step-by-step guidance on how to develop an emergency operations plan for houses of worship. Participants were able to start their own emergency operation plan using a provided template.

Recording Link: https://fema.connectsolutions.com/p9bqderga4xd/

**Houses of Worship Emergency Planning and Reconstitution: A Pastor’s Perspective**
Rev. Dr. Miriam Burnett of the Jones Tabernacle African Methodist Episcopal Church in Philadelphia, discusses her experience as a medical doctor – and pastor – in preparing her congregation for emergencies, including pandemics, disasters and reconstitution.

Recording Link: https://icpd.adobeconnect.com/p85r750664qx/

**New Jersey Office of Homeland Security and Preparedness Virtual Houses of Worship Security Program**
FEMA Region II Individual and Community Preparedness Program and NJ Office of Homeland Security and Preparedness co-host this webinar. Grant opportunities, preparedness and resources are discussed. DHS
Cybersecurity and Infrastructure Security Agency and New Jersey Cybersecurity and Communications Integration Cell Security provide additional information for houses of worship to consider.

Recording Link: [https://fema.connectsolutions.com/pz3s31v4p788/](https://fema.connectsolutions.com/pz3s31v4p788/)

### Planning For Houses Of Worship and Best Practices During COVID-19

During this webinar speakers from the New Jersey Office of Homeland Security and Preparedness/Interfaith Advisory Council, New York Disaster Interfaith Services and New Jersey Voluntary Organizations Active in Disasters discuss the importance of emergency operations and continuity planning for Houses of Worship. Guest speakers from The Jones Tabernacle African Methodist Episcopal Church and United Sikhs offer best practices.

Recording Link: [https://icpd.adobeconnect.com/pcweitawimox/](https://icpd.adobeconnect.com/pcweitawimox/)

### Financial Preparedness

**A New Approach to Financial Disaster Preparedness, Response and Recovery**

Guest speaker Lance Triggs, [Operation Hope](https://www.operationhope.org/), provides an overview of the program’s mission and purpose including how Operation Hope became involved in disaster response. This presentation also includes the program’s service model and a discussion on program impacts.

Recording link: [https://fema.connectsolutions.com/p3hy67ugue89/](https://fema.connectsolutions.com/p3hy67ugue89/)

### Avoiding Financial Scams during COVID-19

Learn how fraudulent people are using the coronavirus (COVID-19) pandemic to take advantage of others and how to report scams to the Federal Trade Commission (FTC). Cristina Miranda, FTC, shares resources to help address these deceptive actions and Kelly LoTempio from the SBA Buffalo District Office provides information on SBA Assistance programs.

Recording link English: [https://icpd.adobeconnect.com/pd2wabglaqcc/](https://icpd.adobeconnect.com/pd2wabglaqcc/)
Recording link Spanish: [https://icpd.adobeconnect.com/p26xixzdqh4/](https://icpd.adobeconnect.com/p26xixzdqh4/)

### Emergency Financial First Aid Kit

The [Emergency Financial First Aid Kit (EFFAK)](https://www.ready.gov/financial-preparedness), a joint publication from [Operation Hope](https://www.operationhope.org/) and FEMA, can help you reduce the financial impact of disasters on you and your family. This product provides financial advice on managing finances, insights on your credit score, and sets expectations on what do in the event of a disaster. This webinar will walk you through the process of becoming financially prepared for all hazards. Additional resources are available at [Ready.gov](https://www.ready.gov/financial-preparedness).

Recording link English: [https://icpd.adobeconnect.com/pd2wabglaqcc/](https://icpd.adobeconnect.com/pd2wabglaqcc/)
Recording link Spanish: [https://fema.connectsolutions.com/pnml4wgvo4iw/](https://fema.connectsolutions.com/pnml4wgvo4iw/)

### How to Avoid Disaster Fraud After an Emergency

Learn about consumer fraud, how to avoid it, and how to identity theft after a disaster. The Federal Trade Commission (FTC) covers different types of scams that present themselves after natural disasters and other emergencies like a pandemic. Cristina Miranda from the FTC shares free resources from the FTC and other organizations that provide assistance to disaster fraud victims.

Recording link English: [https://fema.connectsolutions.com/p8g0e4a5bf18/](https://fema.connectsolutions.com/p8g0e4a5bf18/)
Recording link Spanish: [https://fema.connectsolutions.com/pqi771az18gv/](https://fema.connectsolutions.com/pqi771az18gv/)

### Protect and Manage Your Finances During Covid-19
Learn how the Consumer Financial Protection Bureau (CFPB) and Federal Deposit Insurance Corporation (FDIC) are providing consumers with information and resources to help protect and manage their finances during the coronavirus pandemic. This webinar features guest speakers Community Affairs Specialist Michele Godfrey, FDIC and Senior Program Coordinator Farah Z. Ahmad, Consumer Education and Engagement, CFPB.

Recording link: https://icpd.adobeconnect.com/pomgkah3rtq/

Tax Preparation Assistance: Supporting Financial Preparedness for Underserved Populations
Learn how IRS-sponsored programs can provide underserved communities with free tax filing assistance using IRS certified volunteers. Programs such as Volunteer Income Tax Assistance and Tax Counseling for the Elderly can make a difference in helping more Americans become financially prepared. Amelia Dalton from the Stakeholder Partnerships, Education and Communications Unit, Internal Revenue Service leads the discussion.

Recording link: https://icpd.adobeconnect.com/pb9qvm93249x/

Individual and Community Preparedness Assistance to Firefighter Grant Program (AFG)
Please join the Region II National Preparedness Division for a special National Preparedness Month webinar series on how communities can better prepare for emergencies. Brian S. Thomas, Region II Fire Program Specialist, will discuss the Assistance to Firefighter Grant Program (AFG). He will provide a brief overview of AFG grants, grant management, and grant writing. In addition, he will provide tips on how to develop a successful grant application.

Recording link: https://fema.connectsolutions.com/pv1ljk7vdghw/

FEMA Corps Making a Difference When it Matters Most
FEMA Corps is a unique, team-based service program that gives 18-24-year-old participants the opportunity to serve communities impacted by disaster while gaining professional development experience. This webinar offers insight from a FEMA Corps member, an overview of the teams functions including specialty roles/areas and FEMA's partnership with the AmeriCorps National Civilian Community Corps program.

Recording link: https://fema.connectsolutions.com/p1dx7yfrg3xs/

FEMA's Role in Response
Response Liaison Rob Hutchinson, New Jersey FEMA Integration Team, discussed key aspects to consider when coordinating an emergency response including situational awareness, incident management, evacuation and sheltering and search and rescue. He will also cover the role of the FEMA Response Division such as operational planning and logistics.

Recording link: https://fema.connectsolutions.com/pobxk5jyhzl1/

Human Trafficking: The Hidden Crime
This webinar features a subject matter expert from Homeland Security Investigations tasked with investigating and dismantling human tracking efforts throughout the country. Human trafficking is a hidden crime and it can happen in any community; victims can be of any age, race, gender or nationality. The first step to fighting the battle is to identify victims so they can be rescued and help bring offenders to justice. Education and awareness is the route to a safer community.

Recording link: https://icpd.adobeconnect.com/p65fupjlohi1/

Individual and Family Preparedness
Preparedness is a shared responsibility; it calls for "whole community" involvement. By working together, everyone can keep the nation safe from harm and resilient when struck by hazards, such as natural disasters, acts of terrorism, and pandemics. Region II FEMA Community Preparedness Officer discusses essential preparedness tips and information to keep you, your family and your community safe and prepared for any disaster.

Recording link: [https://fema.connectsolutions.com/pfcl9cism5at/](https://fema.connectsolutions.com/pfcl9cism5at/)

**Mitigation Steps for the Homeowner**

In this webinar you will learn the steps every homeowner can take to make their home safer and reduce impacts from storms. Mitigation Liaison John Miller, New Jersey FEMA Integration Team, covered the simplest mitigation techniques a homeowner can take to mitigate against storm impacts (i.e. clearing your gutters) to the most complex of actions like elevating your home.

Recording link: [https://fema.connectsolutions.com/pxl6y0wao5sq/](https://fema.connectsolutions.com/pxl6y0wao5sq/)

**Preparing for National Preparedness Month**

National Preparedness Month (NPM), is recognized annually in the month of September to promote family and community disaster and emergency planning. Hear from FEMA HQ staff about this year’s themes and the online tools to help you plan your activities. Featured guest speakers: New Jersey Office of Emergency Management and New York City Emergency Management.

Recording link: [https://fema.connectsolutions.com/pawby8wxipyd/](https://fema.connectsolutions.com/pawby8wxipyd/)

**Prepare to Recover**

In this webinar you will learn how you can better prepare for recovery after a disaster. Recovery Liaison Kelly Higgs Recovery Liaison, New Jersey FEMA Integration Team, discussed steps you can take to ensure a smoother recovery. This presentation included lessons learned on the DO’s and DON’Ts to help you safely navigate through recovery and debunk myths. She also provided information about FEMA recovery programs.

Recording link: [https://fema.connectsolutions.com/pilrp6jd9hat/](https://fema.connectsolutions.com/pilrp6jd9hat/)

**Protecting our Communities: Signs of Terrorism, What to Look For and How to Help Law Enforcement**

Learn about the New Jersey Office of Homeland Security and Preparedness (NJOHSP) Suspicious Activity Reporting System (NJSARS) and how they define suspicious activity, show how law enforcement and the public can identify suspicious behavior and discuss the best way to report that information. Participants will also learn about the indicators used to classify leads, how information is routed through NJSARS and more. David Kanig, NJOHSP, is the featured speaker.

Recording link: [https://icpd.adobeconnect.com/psshhiiir5uk/](https://icpd.adobeconnect.com/psshhiiir5uk/)

**Telehealth for Disaster Preparedness**

In partnership with FEMA Region II Individual and Community Preparedness, the U.S. Department of Health and Human Services (HHS) and U.S. Department of Veterans Affairs Office of Connect Care (OCC) presents “Telehealth for Disaster Preparedness.” Representatives from the U.S. Department of Health and Human Services and the U.S. Department of Veterans Affairs (VA) Office of Connect Care provides an overview of the telehealth, including the VA’s telehealth program, and how government agencies, health systems and individuals can integrate virtual care into their own disaster contingency plans.

Recording link: [https://fema.connectsolutions.com/pcugig90xp80/](https://fema.connectsolutions.com/pcugig90xp80/)
Community Asset Mapping: Who Are the People in Your Neighborhood?
Community Asset Mapping - Learn how to identify community assets and resources and how they can be used to
strengthen the community as a whole.

Recording link: https://fema.connectsolutions.com/pprs3gzfr809/

You Are the Help Until Help Arrives
The Centers for Disease Control and Prevention (CDC) recommends wearing a face mask to slow the spread of
COVID-19. Representatives from Duke University discuss their technique for measuring face mask efficacy and
preliminary results from a range of common face mask types. This webinar also discusses why some people with
disabilities may not be able to wear a face mask, and the legal rights under the Americans with Disabilities Act.
*This webinar provides general guidance. None of the content is implied to be taken as legal advice*

Recording link: https://fema.connectsolutions.com/p1quur9lv7yj/

Mental and Emotional Health

Addressing Mental Health during COVID-19 for K-12 Students
This webinar offers ways to support the mental health of students in grades K-12 as they deal with the impacts of
the coronavirus (COVID-19) pandemic. Karina Aguilar, Assistant Regional Administrator, Region II Substance Abuse
and Mental Health Services Administration leads the discussion. In this webinar you will learn the symptoms and
warning signs of depression, anxiety and how to help families and communities better manage these changes
during challenging times.

Recording link: https://fema.connectsolutions.com/phqgsa3w6l2p/
Recording link in Spanish: https://fema.connectsolutions.com/p79mkb03umye/

Emotional Consequences of Public Health Emergencies
Learn about the unique aspects of managing the emotional consequences of public health emergencies and the
response required to effectively address them.

Recording link: https://icpd.adobeconnect.com/psxm5fjysm4v/

Emotional Impacts of Infection Control Measures on Older Adults
This webinar provided an overview on the emotional impacts of COVID-19 control measures, such as quarantine and
lockdowns, on older adults. Guest speakers from Americares discussed the main challenges faced by the older
community during the COVID-19 pandemic. Learn strategies on how to support the emotional wellbeing of senior
citizens who are affected by COVID-19 prevention measures and the changing circumstances of the pandemic.

Link to recording English: https://fema.connectsolutions.com/p0njj1f58k08/
Link to recording Spanish: https://fema.connectsolutions.com/pf3qtolgikp3/

Grief and Losses During the COVID-19 Crisis
Grief is a natural reaction to loss and a complex process that is different for everyone. This webinar reviews the
stages of grief, provides strategies on how to cope and ways to support individuals during this process.

Recording link English: https://fema.connectsolutions.com/pxthfoqwk7bg/
Recording Link Spanish: https://fema.connectsolutions.com/p8t5d07m9y7j

Psychological Resilience
This webinar focuses on steps individuals can take in their everyday lives to improve their mental health and
personal resilience. These simple, yet powerful practices can help sustain the energy, focus and balance during
times of extreme stress. Susan Snyder, UC Berkeley Haas School of Business and a trainer for the City of Berkeley Community Emergency Response Team is the featured speaker.

Recording link: https://icpd.adobeconnect.com/p6u42dgb0iwh/

**Stress Management Related to Isolation, Social Distancing, and Quarantine**

Social distancing is necessary to slow the spread of COVID-19 but can have significant impacts on mental health. Certain groups, such as individuals with preexisting mental health conditions and healthcare workers, are experiencing high levels of stress during the time. In this webinar, AmeriCares discusses stress management strategies for adults and children.

Recording link English: https://icpd.adobeconnect.com/p1h1gosvdfcn/
Recording link Spanish: https://icpd.adobeconnect.com/pweidtpbzqg3/

**Natural Hazards**

**Earthquake Preparedness: International ShakeOut Day**

This webinar features guest speakers from the University of Puerto Rico Mayagüez, Puerto Rico Seismic Network who discuss the background and impact of earthquakes and tsunamis in Region II, specifically in Puerto Rico and the U.S. Virgin Islands. How to update emergency plans, supplies, and how to prevent damage and injury is also discussed.

Recording link English: https://fema.connectsolutions.com/phq2edp83jdv/
Recording link Spanish: https://fema.connectsolutions.com/pzatmxkar3is

**Hurricane Readiness for U.S.V.I.**

In this webinar you will learn about hurricane readiness and preparedness for Houses of Worship in the U.S. Virgin Islands. Chris Moore, Hurricane Program Manager, FEMA Region II, provides a brief overview of hurricane hazards, forecast products, and resources for hurricane planning and response. Denise Lewis, Deputy Director of Planning & Preparedness for VITEMA provides guidance specific to the territory.

Recording link: https://fema.connectsolutions.com/pfc8wjdpbuyx/

**Hurricane Season Is Coming, Are You Prepared?**

Matt Doody, a meteorologist and emergency response specialist at the National Weather Service Eastern Region Headquarters, provides an overview of hurricane meteorology and discusses what you need to do to prepare for hurricane season.

Recording Link: https://icpd.adobeconnect.com/pu7r15pvfzlw/

**Hurricane Readiness for Emergency Managers**

This informative session presented by Chris Moore, Hurricane Program Manager, FEMA Region II, provides an overview of hurricane hazards, forecast products and resources for hurricane planning and response.

Recording link: https://fema.connectsolutions.com/hurricanecovid/event/registration.html

**NWS Seminar: Tropical Season 2020 – Decision Making Tools**

Learn more about the 2020 Hurricane Season Forecast. Ernesto Morales and Ernesto Rodríguez, meteorologists from the Puerto Rico National Weather Service Office review the year's forecasts, discuss extreme weather preparedness and share information from the National Hurricane Center.
Preparedness Planning for Tsunamis in the Northeast
Tsunami experts from the University of Rhode Island, University of Delaware, and the Northeast States Emergency Consortium provide an overview of how a tsunami forms in the North Atlantic Basin and its potential threats to the east coast. Mapping tools to help you plan and prepare for this hazard, including the availability for use in HAZUS, to support planning for impacts to east coast communities.

Pet Preparedness
Assistance Animals and Pets 101
Learn about considerations for assistance animals and pets before, during and after disaster. This topic is delivered in two parts. In Part 1, you will learn what makes a service dog a service dog, how they are trained, how they help individuals with disabilities and more. Part 2 provides an overview of federal law relating to assistance animals and emergency shelters, including guidance issued by the U.S. Department of Housing and Urban Development.

Animal Emergency Preparedness: Physical and Psychological Planning for Your Pet During Natural Disasters
Including your pet in your family’s disaster preparedness plan is important so that even in a worst case scenario your pet won’t get left behind. Similar to humans, animals can experience significant stress, fear of separation, and threats to their survival when disaster strikes. This webinar provides an overview of emergency pet preparedness including animal welfare management tips on how to prepare your pet, physically and psychologically, in the event of a disaster.

Public Health
COVID-19 Mask Considerations
The Centers for Disease Control and Prevention (CDC) recommends wearing a face mask to slow the spread of COVID-19. Representatives from Duke University discuss their technique for measuring face mask efficacy and preliminary results from a range of common face mask types. This webinar also discusses why some people with disabilities may not be able to wear a face mask, and the legal rights under the Americans with Disabilities Act.

*This webinar provides general guidance. None of the content is implied to be taken as legal advice*

Dialysis and Disasters: How to Plan, Prepare and Respond
This webinar covers preparedness and planning considerations for dialysis patients, their families, emergency responders, and dialysis facility staff before, during and after an emergency. Topics include: what is dialysis and how receiving the treatment can be impacted by an emergency event. Learn from firsthand experience and during disasters such as hurricanes Irma and Maria. American Disability Act policies concerning people receiving dialysis treatment were also discussed.
Influenza Vaccination During COVID-19
Learn about the importance of the seasonal influenza vaccination, especially during COVID-19. This presentation reviews flu vaccination coverage levels, including gaps in coverage among racial and ethnic minority groups, and outlines CDC priorities and resources for the flu vaccination during the coronavirus pandemic.

Medicare and Medicaid Waivers and Flexibilities
The webinar features the Centers for Medicare and Medicaid Services (CMS) and their role and the programs they provide during a Public Health Emergency; including Medicare and Medicaid flexibilities and waivers. Examples of these programs during a disaster, include Medicaid, Medicare Fee for Service, and Medicare Advantage and Prescription Drug Plans.

The Role of Social Services and Mental Health During a Federally Declared Emergency
The U.S. Department of Health and Human Services (HHS) partnered with FEMA to bring partners in the Caribbean a webinar series on Hurricane Preparedness during COVID-19. All of the webinars in this series shared lessons learned from the Hurricanes Irma and Maria response efforts and touched on the unique context of COVID-19 during hurricane season.

Assistant Secretary for Preparedness and Response (ASPR) Role in Caribbean Hurricane Preparedness During COVID-19
The first webinar in the series focused on the role of the Assistant Secretary for Preparedness and Response (ASPR) during a federally declared emergency. ASPR described what programs become activated during a Public Health Emergency, how federal agencies coordinate responses to disasters.

Centers for Medicare and Medicaid Services (CMS)
During a Public Health Emergency there are Medicare and Medicaid flexibilities and waivers to help during the response. CMS described the Medicare and Medicaid programs during a disaster, including Medicaid, Medicare Fee for Service, and Medicare Advantage and Prescription Drug Plans.

Public Health and Primary Care During a Federally Declared Emergency
This webinar focuses on public health and primary care during a federally declared emergency. Speakers from the Office of the Assistant Secretary for Health, the Health Resources and Services Administration, and the Centers for Disease Control and Prevention discussed their agencies roles during disasters.

The Role of Local Governments During A Federally Declared Emergency in the US Virgin Islands
Learn more about the role of local governments during a federally declared emergency. Senior Leaders from the Government of the U.S. Virgin Islands, including the Commissioner of Health, describe how they prepare for hurricanes, and the unique context of response during COVID-19.

Recording link: https://fema.connectsolutions.com/p2koknoivfh6/

**The Role of Social Services and Mental Health During a Federally Declared Emergency**

The last webinar in this series focuses on the role of social services and mental health during a federally declared emergency. The Administration for Children and Families and the Substance Abuse and Mental Health Services Administration describe how they prepare for hurricanes and operate during COVID-19.

Recording link English: https://fema.connectsolutions.com/p8d7qnbnrr89c/
Recording link Spanish: https://fema.connectsolutions.com/p21kjhgu6dhl/

**Small Businesses**

**Coronavirus Aid, Relief and Economic Security (CARES) Act**

This webinar featured District Deputy Director Victoria Reynolds, from the Small Business Association (SBA) of Buffalo New York who will explain the CARES act and how it affects your small business. She provided an overview of the Paycheck Protection Program or PPP and the Economic Injury Disaster Loan Advances and other benefits. The Spanish Presentation was delivered by the Puerto Rico SBA office.

Recording link: https://icpd.adobeconnect.com/pdmnykg47so3/
Recording link Spanish: https://icpd.adobeconnect.com/pc3h4q379ufz/

An additional version of this webinar targeted to the agriculture sector was also recorded.

Recording link Spanish: https://icpd.adobeconnect.com/pilxnroso271/

**Disaster Preparedness for Small Businesses**

Small businesses need to be prepared for disasters of any type. Small business owners will learn disaster preparedness tips to help them through the new year and beyond.

Recording link: https://fema.connectsolutions.com/ph1b2owxrk1j/

**Emergency Preparedness for Small Businesses During COVID-19**

This webinar was delivered in partnership with the New Jersey Business and Industry Association, PSE&G, Foray CPA and FEMA to talk about how you can minimize the impact of COVID-19 on your business, stay safe, and even stay in operation during a pandemic.

PSE&G presented online service tools during this time of social distancing, to keep your business running smoothly. FEMA provided brief overviews on Continuity of Operations (COOP), Reconstitution, and After-Action Reports as they pertain to COVID-19. A guest from Foray CPA discussed The Cares Act (including Paycheck Protection Plan (PPP), Economic Injury Disaster Loan (EIDL) and Pandemic Unemployment Assistance (PUA) as well as a brief overview of Records retention.

Recording link: https://attendee.gotowebinar.com/recording/986776908616895233

**U.S. Small Business Administration Programs and Services**

Created in 1953, the U.S. Small Business Administration (SBA) continues to help small business owners and entrepreneurs pursue the American dream. The SBA is the only cabinet-level federal agency fully dedicated to small business and provides counseling, capital, and contracting expertise as the nation’s only go-to resource and voice for small businesses. This webinar featured District Deputy Director Victoria Reynolds, from the Small Business
Association (SBA) of Buffalo New York. The Spanish webinar featured representatives from the Small Business Association (SBA) of Puerto Rico.

Recording link English (Buffalo NY office): [https://icpd.adobeconnect.com/prg1vpxieewb/](https://icpd.adobeconnect.com/prg1vpxieewb/)
Recording link Spanish (Puerto Rico office): [https://icpd.adobeconnect.com/peifu7vdzz2f/](https://icpd.adobeconnect.com/peifu7vdzz2f/)
Index

Active Shooter Exercise Toolkit for Houses of Worship ................................................................. 9
Active Shooter Exercise Toolkit for USVI Houses of Worship ......................................................... 9
Addressing Mental Health during COVID-19 for K-12 Students .................................................. 15
Amateur "HAM" Radio for Emergency Managers ........................................................................... 5
Animal Emergency Preparedness: Physical and Psychological Planning for Your Pet During Natural Disasters ........................................................................................................... 17
Assistance Animals and Pets 101 .................................................................................................... 17
Assistance to Firefighter Grant Program (AFG) ................................................................................ 12
Avoiding COVID-19 Cyber Threats .................................................................................................. 7
Avoiding Financial Scams during COVID-19 ................................................................................... 11
CERT Disaster Response Best Practices .......................................................................................... 4
Community Asset Mapping: Who Are the People in Your Neighborhood? ...................................... 14
Continuity: Why You Should Care and How We Can Help ............................................................... 6
Coronavirus Aid, Relief and Economic Security (CARES) Act ....................................................... 20
COVID-19 Mask Considerations ...................................................................................................... 18
Create Messaging that Sticks and Helps Inspire Action ................................................................. 6
Cybersecurity and Other Considerations Amid COVID-19 in Spanish ........................................ 8
Cybersecurity and Other Scams Targeting Small Businesses .......................................................... 7
Cybersecurity Essentials and General User Awareness ..................................................................... 8
Dialysis and Disasters: How to Plan, Prepare and Respond .............................................................. 18
Disaster Preparedness for Small Businesses ..................................................................................... 20
Earthquake Preparedness: International ShakeOut Day .................................................................... 16
Effective Accessible Communications .............................................................................................. 8
Effective Accessible Communications: Part II ................................................................................ 9
Effective Interpersonal Communications for CERT Teams ............................................................... 4
Emergency Financial First Aid Kit .................................................................................................... 11
Emergency Operation Planning for Houses of Worship ................................................................. 10
Emergency Preparedness for Small Businesses During COVID-19 ............................................... 20
Emotional Consequences of Public Health Emergencies .............................................................. 15
Emotional Impacts of Infection Control Measures on Older Adults .............................................. 15
FEMA Corps Making a Difference When it Matters Most ............................................................... 12
FEMA's Role in Response .................................................................................................................. 12
Grief and Losses During the COVID-19 Crisis .................................................................................. 15
Helping Children Cope During COVID-19 .................................................................................... 5
Helping the Helpers .......................................................................................................................... 4
Houses of Worship Emergency Planning and Reconstitution: A Pastor's Perspective .................. 10
How to Avoid Disaster Fraud After an Emergency ......................................................................... 11
Human Trafficking: The Hidden Crime ............................................................................................ 13
Hurricane Readiness for Emergency Managers ............................................................................. 17
Hurricane Readiness for U.S.V.I. .................................................................................................... 16
Hurricane Season Is Coming, Are You Prepared? ........................................................................... 16
Individual and Family Preparedness ............................................................................................... 13
Influenza Vaccination During COVID-19 ....................................................................................... 18
Information and Resources for the Power Dependent Durable Medical Equipment Community .... 19
Language Access Resources ............................................................................................................ 9
Medicare and Medicaid Waivers and Flexibilities ........................................................................ 19
Mitigation Steps for the Homeowner ............................................................................................... 13
National Cybersecurity Awareness Month ...................................................................................... 8
See all our upcoming webinars
View previous webinar recordings
Want Region II news? subscribe

Contact Us:

fema-r2-prepares@fema.dhs.gov