

PrepTalks Resource Lists highlight publicly available materials that relate to the PrepTalk topic. These resources provide a more in-depth understanding of the topic to enhance the whole community discussion.

## Social Capital in Disaster Mitigation and Recovery

- **Aldrich Research and Publications**

<http://daldrich.weebly.com>

Webpage for Daniel P. Aldrich. He researches post-disaster recovery, countering violent extremism, the siting of controversial facilities, and the interaction between civil society and the state.

- **Aldrich New York Times Op-Ed**

<http://www.nytimes.com/2012/08/29/opinion/community-works-best-against-a-natural-disaster.html>

At a time of scarcity, with governments and charities facing financial strain, a focus on the social infrastructure of vulnerable communities may be the best (and most cost-effective) survival strategy.

- **Social Capital and Community Resilience. American Behavioral Scientist**

[http://daldrich.weebly.com/uploads/1/5/5/0/15507740/aldrich\\_american\\_behavioral\\_scientist\\_2014.pdf](http://daldrich.weebly.com/uploads/1/5/5/0/15507740/aldrich_american_behavioral_scientist_2014.pdf)

This article highlights the critical role of social capital and networks in disaster survival and recovery and lays out recent literature and evidence on the topic. The article concludes with concrete policy recommendations for disaster managers, government decision makers, and nongovernmental organizations for increasing resilience to catastrophe through strengthening social infrastructure at the community level.

- **Fixing Recovery: Social Capital in Post-Crisis Resilience**

<https://docs.lib.purdue.edu/cgi/viewcontent.cgi?referer=http://scholar.google.com/&httpsredir=1&article=1002&context=pspubs>

The reservoirs of social capital and the trust (or lack thereof) between citizens in disaster-affected communities can help us understand why some neighborhoods in cities like Kobe, Japan, Tamil Nadu, India, and New Orleans, Louisiana displayed resilience while others stagnated.

- **Kessler-6 Distress Scale**

[http://www.midss.org/sites/default/files/k6\\_self\\_admin\\_updated\\_08-08-11.pdf](http://www.midss.org/sites/default/files/k6_self_admin_updated_08-08-11.pdf)

The K-6 is a 6-item inventory rated on a 5-point Likert-type scale. It is a truncated version of the K-10 and its purpose is also to function as a global measure of distress drawing from depressive and anxiety related symptomology. It measures distress over a period of four weeks prior to administration of the test.



- **[Community Preparedness Toolkit](#)**  
**<https://www.ready.gov/community-preparedness-toolkit>**  
The Community Preparedness Toolkit provides step-by-step directions along with useful resources for making your community, safer, more resilient, and better prepared.
- **Emergency Management Community Engagement Programs:**
  - **[Citizen Corps](#)**  
**<https://www.ready.gov/citizen-corps>**  
The Citizen Corps program includes a national network of over 1,200 state, local, and tribal Citizen Corps Councils bring together local government, business, and community leaders who work to prepare their communities for disaster and to make them more resilient.
  - **[Community Emergency Response Teams](#)**  
**<https://www.ready.gov/community-emergency-response-team>**  
The Community Emergency Response Team (CERT) program educates volunteers about disaster preparedness for the hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations.
  - **[Medical Reserve Corps](#)**  
**<https://mrc.hhs.gov/>**  
The Medical Reserve Corps (MRC) is a national network of volunteers, organized locally to improve the health and safety of their communities. The MRC network comprises approximately 190,000 volunteers in 900 community-based units located throughout the United States and its territories.
  - **[Neighborhood Watch](#)**  
**<http://www.nnw.org/>**  
The Neighborhood Watch is a proactive, community-oriented endeavor providing a unique infrastructure that brings together local officials, law enforcement, and citizens for the protection of their communities.
  - **[You Are the Help Until Help Arrives](#)**  
**<https://www.ready.gov/until-help-arrives>**  
This site provides resources and training to help prepare citizens for providing immediate assistance in emergency situations.
- **[Relationships matter: the application of social capital to disaster resilience. National Disaster Resilience Roundtable report, 2012, Melbourne Australia](#)**  
**[https://www.redcross.org.au/getmedia/a0bcd3b4-72cb-485b-a319-2545479b4af9/12-011-RED-Roundtable-Report-v3-F-web\\_1.pdf.aspx](https://www.redcross.org.au/getmedia/a0bcd3b4-72cb-485b-a319-2545479b4af9/12-011-RED-Roundtable-Report-v3-F-web_1.pdf.aspx)**  
This report summarizes the inaugural Red Cross National Disaster Resilience Roundtable, encompassing

groups and parties with an interest in, experience of, or expertise with social capital, community development, and emergency management to help shape the outcomes.

- **[A Whole Community Approach to Emergency Management: Principles, Themes, and Pathways for Action](https://www.fema.gov/sites/default/files/2020-07/whole_community_dec2011__2.pdf)**  
[https://www.fema.gov/sites/default/files/2020-07/whole\\_community\\_dec2011\\_\\_2.pdf](https://www.fema.gov/sites/default/files/2020-07/whole_community_dec2011__2.pdf)  
This document presents a foundation for increasing individual preparedness and engaging with members of the community as vital partners in enhancing the resiliency and security of our Nation through a Whole Community approach.