

Oregon Referrals

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Programs and hours vary.

Need to find information about a specific topic? Use CTRL + F and enter the subject in the search box.

If you find incorrect information in this document, [please let us know](#).

Category	Web Link	Assistance Description	Telephone
Access and Functional Needs and Disability	Oregon Council on Developmental Disabilities	Information on state and public resources for people with developmental disabilities.	503-235-0369
Access and Functional Needs and Disability	Oregon Department of Human Services: Services for Seniors & People with Disabilities	This service links those who need assistance with state and local area agencies on aging and community-based organization.	503-945-5600 TTY: 503-945-6214
Access and Functional Needs and Disability	Oregon Department of Human Services: Vocational Rehabilitation	Information on state and public resources for people with disabilities who wish to return to work.	877-277-0513
Access and Functional Needs and Disability	Oregon Relay	Free service that provides full telephone accessibility to people who are deaf, hard-of-hearing, deaf-blind, and speech-disabled. Assistive communication, equipment loan, outreach.	711
Aging Services	Oregon Cascades West Council of Governments: Senior and Disability Services	Senior and Disability Services department serves as both the Area Agency on Aging (AAA), and the Medicaid long-term care agency for the region of Benton, Lincoln, and Linn Counties .	Benton and Linn Counties 541-967-8630 Lincoln County 541-336-2289

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Aging Services	Oregon Aging and Disability Resource Connection	Resources, services and facilities in Oregon, and online directory of local referrals. Caregiver training, planning, legal help. Locator map for local county Aging and Disability Resource Connection (ADRC)	855-673-2372
Agricultural Aid	Oregon USDA Rural Development	USDA Rural Development provides low interest mortgages, guaranteed mortgages, 1% interest mortgages for seniors, loans for repairs and mortgage payment assistance for families living in rural areas.	503-414-3300 866-923-5626
Agricultural Aid	Oregon Farm Service Agency	USDA's Farm Service Agency (FSA) provides emergency loans to help producers recover from production and physical losses due to drought, flooding, other natural disasters, or quarantine. Online county office locator	503-692-6830 Online county office locator
Animal Information	Oregon Humane Society	Animal rescues, resources, and animal adoption. Lost and found pet resources, spay/neuter assistance, youth volunteer opportunities.	503-285-7722
Animal Information	Oregon Human Society Technical Animal Rescue Team (OHSTAR)	Trained OHSTAR volunteers perform pet rescues such as evacuating injured pets from wilderness areas, retrieving pets stranded from areas that can only be accessed using technical rescue equipment, and extricating animal trapped in enclosed spaces.	503-802-6724 after 5:00 pm 503-849-5655 Emergency: 911

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Consumer Services	Oregon Department of Justice: Consumer Protection	Online complaints, complaint database, scam alerts, scam reporting, identity theft, and fraud issues.	Main: 503-378-4400 Consumer Hotline: 877-877-9392 Online complaint form
Consumer Services	Oregon Department of Consumer and Business Services	Online complaints, licensing, insurance, financial projects, return to work programs, building code and permit information.	General: 503-378-4100 Online complaint form
Contractors	Oregon Construction Contractors Board	Contractor's license verification, complaint reporting, report unlicensed contractors, or illegal building, lead paint renovation and Hazards, & buyer beware listing.	Licensing and General: 503-378-4621 Enforcement and Investigations: 503-934-2246 Online license search Online reporting
Contractors	Oregon Department of Consumer and Business Services	Online complaints, licensing, insurance, financial projects, return to work programs, building code and permit information.	General: 503-378-4100 Online complaint form
Contractors	Oregon requires the licensure of commercial & residential contractors.		
Crisis Counseling	Oregon Crisis Hotlines Listing	24-hour and toll-free suicide prevention service available to all those in suicidal crisis who are seeking help.	Emergency: 911 800-784-2433 Local office directory
Crisis Counseling	Multnomah County Crisis Assessment and Treatment Center (CATC)	The Mental Health Call Center will determine whether an individual needs the services of the Crisis Assessment and Treatment Center or would benefit from another type of service. A mental health crisis	Emergency: 911 Mental Health Call Center: 503-988-4888 800-716-9769 Relay 711

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		usually means that the symptoms of a person's illness have gotten significantly worse, and stabilization is needed.	
Disaster Unemployment	Oregon Employment Department	When Disaster Unemployment Assistance is activated, the agency will provide disaster information. This assistance provides weekly benefit payments to those out of work due to the disaster, including self-employed persons, farm and ranch owners, and others not covered under regular unemployment insurance programs.	877-345-3484
Essential Needs	Oregon Department of Human Services: Food Benefits and SNAP	SNAP offers food benefits to eligible, low income individuals and families. Assistance in filing an application, eligibility requirements, Oregon Trail Electronic Benefits (EBT), & other food resources. Online directory of local Self-Sufficiency office locations by county.	503-945-5600 TTY: 503-945-6214 Online directory
Essential Needs	Oregon Health Authority: Womens, Infants and Children (WIC) Program	Nutrition evaluation and monthly vouchers to receive free supplemental, highly nutritious foods such as cereal, cheese, milk, eggs, peanut butter and dried beans. Online directory of local WIC clinics or authorized stores.	971-673-0040 211
Essential Needs	Oregon Coast Community Action Program	Referrals to organizations providing emergency food, rental, and utility assistance.	Coos County Main: 541-435-7080 Curry County: 541-469-3155 Online contact forms

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Essential Needs	Oregon Food Bank	Feeding America Oregon locator, use "Find Help" to access locations for free groceries, free meals, free produce, and other programs.	503-282-0555
Essential Needs	Oregon Helps: 211	Prescreens for eligibility for programs, provides referrals to organizations providing emergency food, clothing, shelter, medical, crisis counseling, rental, and utility assistance.	211 Online Prescreening
Essential Needs	211 Community Resource Directory for Oregon and Southwest Washington	Online search tool to locate referrals to organizations providing emergency food, clothing, shelter, medical, crisis counseling, rental, and utility assistance.	211 866-698-6155 Text zip code to 898211 Online directory
Family and Protective Services	Oregon Department of Human Services: Child Protective Services	Individuals concerned with children at risk for abuse and neglect. Online directory of local county offices of the Department of Human Services, & resources for child welfare.	Emergency: 911 Hotline: 855-503-7233 Online DHS directory by county
Family and Protective Services	Oregon Department of Human Services: Adult Protective Services	Individuals concerned with possible elder abuse, neglect, or exploitation. Information for types and warning signs of adult abuse, community outreach and education, resources, online licensed long-term care facility complaint database. Online directory of local county offices of the Department of Human Services, Community Developmental Disabilities programs,	Emergency: 911 Hotline: 855-503-7233 Long Term Care Complaint: 844-503-4773 Online directories
Financial Assistance	Oregon Department of Human Services: Assistance Services	Information on filing for state financial assistance, food and case assistance, Temporary Assistance	503-945-5600 Online directory

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		for Needy Families (TANF), childcare assistance, refugee services, and other public programs. Online directory of local Self-Sufficiency office locations by county.	
Health Care Services	Oregon Health Authority: Oregon Health Plan (OHP)	State assisted health insurance program for low income families, children, pregnant women, single adults, seniors, etc.	800-699-9075
Housing Information	Oregon Housing Authorities	Online directory for various housing assistance programs designed for lower income individuals and emergency housing assistance.	Online county directory
Insurance	Oregon Department of Financial Regulation: Insurance for Consumers	Insurance information for health, life, auto, and home, licensing verification, public records, and online complaint filing.	888-877-4894
Legal Services	Oregon State Bar: Lawyer Referral	Information and referrals to attorneys providing legal services to individuals affected by a disaster. Registration forms available for Lawyer Referral Service, Modest Means Program, Military Assistance Panel and Problem Solvers.	503-431-6408 800-452-8260 Ext 408
Roadside Assistance & Road Conditions	Oregon Department of Transportation: 511 TripCheck	Recorded road condition information. Website offers Road Conditions map, alerts, travel center information including rest areas, horse areas, RV Sanitary dump	511 800-977-6368 within Oregon 503-588-2941 outside of Oregon

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		stations, transit information, or access on TripCheck Mobile.	
Tax Assistance	Oregon Department of Revenue: Individuals	State tax information assistance, forms and publications, filing options, payment options, refund status.	503-378-4988 800-356-4222 Regional office listing
Veterans Services	Oregon Department of Veterans' Affairs	Information regarding veteran benefits including pensions, medical care, home loans, burial, and life insurance. Online County Veterans Service Office locator.	503-373-2085 800-692-9666
Vital Statistics	Oregon Driver and Motor Vehicle Services	Duplicate drivers' licenses, auto titles & registrations. Online services available.	Salem: 503-945-5000 Bend: 541-388-6322 Medford: 541-776-6025 Roseburg: 541-440-3395 Eugene: 541-686-7855
Vital Statistics	Oregon Public Health Division: Vital Records and Certificates	Replacement birth/death/marriage certificates and other vital document services.	Order Hotline: 888-896-4988 General: 971-673-1190
Vital Statistics	VitalChek: On-line orders	Replacement birth/death/marriage certificates and other vital document services.	800-669-8310
Volunteer	VOLUNTEERS SHOULD NOT SELF-DEPLOY		

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