

| California: State & Local Level Referrals 2020 | | | |
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| Category | Web Link | Assistance Description | Telephone |
| Access and Functional Needs and Disabilities | California Department of Rehabilitation - Disability and Rehabilitation Resources | Information on state and public resources available for citizens with disabilities. | 916-324-1313 or 800-952-5544 (VOICE) |
| Access and Functional Needs and Disabilities | California Department of Rehabilitation - Office of Deaf Access | Counseling, training, communications devices, and interpreter services. | 844-729-2800 (TTY) |
| Aging Services | California Department of Aging - Senior Helpline | This service links those who need assistance with state and local area agencies on aging and community-based organization. | 800-510-2020 |
| Aging Services | California Senior Information and Assistance | Services and information for seniors. Services by county. | Emergency: 911 800-510-2020 |
| Agricultural Aid | California State Farm Service Agency | USDA's Farm Service Agency (FSA) provides emergency loans to help producers recover from production and physical losses due to drought, flooding, other natural disasters, or quarantine. | 530-792-5520 |
| Agricultural Aid | California FSA Rural Development - Single Family Housing Program | USDA Rural Development provides low interest mortgages, guaranteed mortgages, 1% interest mortgages for seniors, loans for repairs and mortgage payment assistance for families living in rural areas. | 530-792-5800 |
| Consumer Services | California Attorney Generals Office | Information on price gouging and consumer complaint services. | 800-952-5225 |
| Contractors | California's State License Board | California requires the licensure of commercial and residential contractors. Contractor's license verification and consumer complaints services. | 800-321-2752 |

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| Category | Web Link | Assistance Description | Telephone |
| Contractors | California's State License Board - Outside California | Contractor's license verification and consumer complaints services. | 916-255-3900 |
| Crisis Counseling | Alameda County Crisis Line (24/7) | Offer 24-hour support to people of all ages and backgrounds during times of crisis or difficulty in a variety of settings. | Emergency: 911 800-273-8255 |
| Crisis Counseling | Contra Costa County Crisis Center (24/7) | The 24/7 counselors are available and ready to answer calls or text. Services to keep people alive and safe, help them through crises, and provide or connect them with culturally relevant resources in the community. | Emergency: 911 211 or 800-833-2900 |
| Crisis Counseling | Kern County Mental Health Crisis Line (24/7) | The 24/7 hotline provides crisis counseling, suicide intervention, coping skills guidance, and referrals for persons who call and are in immediate crisis situations. | Emergency: 911 800-991-5272 |
| Crisis Counseling | Los Angeles County Access Center Hotline | The 24/7 ACCESS line services include: mental health screening and assessment, referral to a service provider, crisis counseling, mobilizing field response teams, and linkages to other resources. | Emergency: 911 800-854-7771 |
| Crisis Counseling | New Hope Crisis Counseling Hotline (24/7) | The 24/7 free services, provides telephone intervention and telephone suicide prevention counseling. Trained crisis workers provide peer counseling to those who are struggling to cope with day to day life. | Emergency: 911 714-639-4673 |
| Crisis Counseling | Second Chance, Inc. Crisis Hotline (24/7) | The 24/7 hotline includes staff that are qualified by both education and experience to help you begin your journey to recovery from any substance abuse. | Emergency: 911 510-792-4357 |
| Crisis Counseling | Contra Costa Access Crisis Hotline (24/7) | 24-hour and toll-free suicide prevention service available to all those in suicidal crisis who are seeking help. | Emergency: 911 888-678-7277 |

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| Crisis Counseling | San Francisco Crisis Hotline (24/7) | 24-hour and toll-free suicide prevention service available to all those in suicidal crisis who are seeking help. | Emergency: 911 415-781-0500 |
| Disaster Unemployment Assistance | CA Employment Development Department - English | This assistance provides weekly benefit payments to those out of work due to the disaster, including self-employed persons, farm and ranch owners, and others not covered under regular unemployment insurance programs. | 800-300-5616 |
| Disaster Unemployment Assistance | CA Employment Development Department - Spanish | This assistance provides weekly benefit payments to those out of work due to the disaster, including self-employed persons, farm and ranch owners, and others not covered under regular unemployment insurance programs. | 800-326-8937 |
| Disaster Unemployment Assistance | CA Employment Development Department - Cantonese | This assistance provides weekly benefit payments to those out of work due to the disaster, including self-employed persons, farm and ranch owners, and others not covered under regular unemployment insurance programs. | 800-547-3506 |
| Disaster Unemployment Assistance | CA Employment Development Department -Chinese- Mandarin | This assistance provides weekly benefit payments to those out of work due to the disaster, including self-employed persons, farm and ranch owners, and others not covered under regular unemployment insurance programs. | 866-303-0706 |
| Disaster Unemployment Assistance | CA Employment Development Department - Vietnamese | This assistance provides weekly benefit payments to those out of work due to the disaster, including self-employed persons, farm and ranch owners, and others not covered under regular unemployment insurance programs. | 800-547-2058 |

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| Category | Web Link | Assistance Description | Telephone |
| Disaster Unemployment Assistance | CA Employment Development Department - TTY (non-voice) | This assistance provides weekly benefit payments to those out of work due to the disaster, including self-employed persons, farm and ranch owners, and others not covered under regular unemployment insurance programs. | TTY: 800-815-9387 California Relay Service: 711 |
| Essential Needs | California Department of Social Services - Food Stamps | Information and assistance in filing an application for food stamps. | 877-847-3663 |
| Essential Needs | USDA Food and Nutrition Assistance - SNAP (Toll-Free Hotline) | Information and assistance in filing an application for food stamps. | 800-221-5689 |
| Essential Needs | California Department. of Public Health - WIC Program | WIC helps families by providing nutrition education, breastfeeding support, vouchers for healthy foods, and referrals to healthcare and other community services. | 855-942-7867 |
| Essential Needs | California Department of Social Services: Emergency Food Assistance | Federal program that helps supplement the diets of low-income Americans, including elderly people, by providing them with emergency food assistance at no cost. | 916-651-8848 or 916-229-3344 |
| Essential Needs | California Department of Social Services: Food Banks: all counties | Information and assistance in filing an application for food stamps. | Website for all Counties |
| Essential Needs | California Association of Food Banks | Referrals to organizations providing emergency food assistance. | 510-272-4435 |
| Essential Needs | Feeding America - San Diego | Referrals to organizations providing emergency food assistance. | 858-452-3663 |
| Essential Needs | San Diego Food Bank | Referrals to organizations providing emergency food assistance. | Toll free:866-350-3663 or Local 858-527-1419 |
| Essential Needs | Second Harvest Food Bank of Orange County | Referrals to organizations providing emergency food assistance. | 949-653-2900 or 888-449-FOOD (3663) |
| Essential Needs | Los Angeles Regional Food Bank | Referrals to organizations providing emergency food assistance. | 323-234-3030 |

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| Category | Web Link | Assistance Description | Telephone |
| Essential Needs | Community Action Partnership of San Bernardino County | Emergency food, rental, mortgage, motel, energy, or utility assistance. | 909-723-1500 or Toll free: 800-635-4618 |
| Essential Needs | Alameda County Community Food Bank | Referrals to organizations providing emergency food assistance. Serving Alameda County | 510-635-3663 |
| Essential Needs | Central California Food Bank | Referrals to organizations providing emergency food assistance. Serving Fresno, Kings, & Madera counties. | 559-237-3663 or |
| Essential Needs | Placer Food Bank - Community Resources Council, Inc. | Referrals to organizations providing emergency food assistance. Serving Yuba & Placer | 916-783-0481 |
| Essential Needs | FIND, Inc. | Referrals to organizations providing emergency food assistance. Serving Eastern Riverside & Southern San Bernardino. | 760-775-3663 |
| Essential Needs | Food Bank for Monterey County | Referrals to organizations providing emergency food assistance. Serving Monterey County | 831-758-1523 or 800-870-3663 |
| Essential Needs | Food Bank of Contra Costa and Solano | Referrals to organizations providing emergency food assistance. Serving Contra Costa & Solano Counties | 855-309-3663 |
| Essential Needs | Food Bank of Northern Nevada | Referrals to organizations providing emergency food assistance. Serving Lassen, Sierra & Mono Counties | 775-331-3363 |
| Essential Needs | Food Share, Inc. | Referrals to organizations providing emergency food assistance. Serving Ventura County. | 805-983-7100 |
| Essential Needs | Community Action Partnership Food Bank of Kern County | Referrals to organizations providing emergency food assistance. Serving Kern County | 888-445-0900 or 661-336-5236 |
| Essential Needs | Food Bank of Santa Barbara County | Referrals to organizations providing emergency food assistance. Serving Santa Barbara County | North County 805-937-3422 South County 805-967-5741 |
| Essential Needs | Food Link of Tulare County | Referrals to organizations providing emergency food assistance. Serving Tulare County | 559-651-3663 or 559-592-0117 |

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| Essential Needs | Redwood Empire Food Bank | Referrals to organizations providing emergency food assistance. Serving Sonoma, Humboldt, Del Norte, Mendocino, and Lake Counties. | 707-523-7900 |
| Essential Needs | San Francisco Food Bank - Food Pantry Look up | Referrals to organizations providing emergency food assistance. Serving San Francisco and Marin Counties. | SF 415-282-1900, Novato 415-883-1302 |
| Essential Needs | Second Harvest Food Bank of San Joaquin & Stanislaus Counties | Referrals to organizations providing emergency food assistance. Serving San Joaquin, Stanislaus, Merced, and the Mother Lode Counties. | 209-239-2091 |
| Essential Needs | Second Harvest Food Bank of Santa Clara & San Mateo Counties | Referrals to organizations providing emergency food assistance. Serving Santa Clara and San Mateo Counties. Staff speaks English, Spanish, Vietnamese, Cantonese, Mandarin and Tagalog. Three-way interpretation available for other languages. | 800-984-3663 (Statewide Toll Free) After hours call 211 |
| Essential Needs | Second Harvest Food Bank of Santa Cruz County | Referrals to organizations providing emergency food assistance. | Hotline: 831-662-0991 or 831-722-7110 |
| Essential Needs | Second Harvest Food Bank Serving Riverside & San Bernardino Counties | Referrals to organizations providing emergency food assistance. Serving San Bernardino or Riverside Counties. | 951-359-4757 |
| Essential Needs | Yuma Community Food Bank | Referrals to organizations providing emergency food assistance. Serving Yuma County | 928-343-1243 |
| Essential Needs | 2-1-1 Service | Referrals to organizations providing food, clothing, shelter, medical, crisis counseling, rental, and utility assistance. Accessible 24/7, 180 languages, completely confidential. | Emergency: 911, other inquiries: 211 |
| Family & Protective Services | Los Angeles County Department of Children and Family Services | Individuals concerned with children at risk for abuse and neglect. | Emergency: 911 Instate: 800-540-4000 Out of state: 213-639-4500 TDD: 800-272-6699 |

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| Family & Protective Services | California Department of Social Services: Child Protective Services | Individuals concerned with children at risk for abuse and neglect. Directory by county for child protective services. | Emergency: 911 See directory for county |
| Family & Protective Services | California Department of Social Services: Adult Protective Services | Individuals concerned with possible elder abuse, neglect, or exploitation. Directory by county of Adult Protective Services offices. | Emergency: 911 See directory for county |
| Financial Assistance | County Welfare Directors Association | Information on filing for state financial assistance. Human services for Californians. Benefits application portal. | 916-443-1749 |
| Financial Assistance | My Benefits CalWIN | MyBenefits CalWIN is the fast, easy way for California residents to get the help they need. Provide medical, food and cash assistance. | See directory for county |
| Financial Assistance | CA Department of Social Services- Cash Assistance | CalWORKs is a public assistance program that provides cash aid and services to eligible families that have a child(ren) in the home. The program serves all 58 counties in the state and is operated locally by county welfare departments. | 916-654-2137 or 916-654-1322 |
| Health Care Services | California Department of Health Care Services: Medi-Cal | Referrals to local state assisted medical facilities and information on how to apply for Medicaid. | 800-541-5555 |
| Health Care Services | California Children's Health Insurance Program - CHIPS | Information and application assistance in applying for the State Children's Health Insurance Program (S-CHIPS) which provides free or low cost medical insurance for children. | 800-318-2596, TTY 1-855-889-4325 |

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| Housing | California FSA Rural Development - Single Family Housing Program | USDA Rural Development provides low interest mortgages, guaranteed mortgages, 1% interest mortgages for seniors, loans for repairs and mortgage payment assistance for families living in rural areas. | Toll free: 800-414-1226 TTY toll free: 800-438-1832 |
| Insurance | California Department of Insurance | General insurance information and fraud reporting services. | 800-927-4357 TTY: 800-482-4833 |
| Legal Services | State Bar of California- Look Up a Lawyer | Information and referrals to attorneys providing legal services to individuals. | 866-442-2529 Outside state: 415-538-2250 |
| Legal Services | Legal Aid Foundation of Los Angeles | Information and referrals to attorneys providing free and reduced fee legal services to individuals. | 800-399-4529 |
| Legal Services | Neighborhood Legal Services of Los Angeles County | Information and referrals to attorneys providing free and reduced fee legal services to individuals, families, and communities. | 800-433-6251 |
| Legal Services | Central California Legal Services | Information and referrals to attorneys providing free civil legal assistance to low-income individuals, families, organizations and communities. | 800-675-8001 |
| Legal Services | Legal Services of Northern California, Inc. | Information and referrals to attorneys providing free and reduced fee legal services to individuals in Northern California. | 916-551-2150 |
| Legal Services | Bay Area Legal Aid | Information and referrals to attorneys providing free and reduced fee legal services to Bay Area residents. | 800-551-5554 |
| Legal Services | Inland Counties Legal Services, Inc. | Information and referrals to attorneys providing free and reduced fee legal services to individuals in San Bernardino and Riverside Counties. | Toll free: 888-245-4257 |

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| Legal Services | Legal Aid Society of San Diego, Inc. | Information and referrals to attorneys providing free and reduced fee legal services to individuals in San Diego County. | 877-534-2524 TTY: 800-735-2929 |
| Legal Services | California Rural Legal Assistance, Inc. | Information and referrals to attorneys providing free and reduced fee legal services to individuals residing in over 22 California counties. | 510-267-0762 |
| Legal Services | Community Legal Aid SoCal | Information and referrals to attorneys providing free and reduced fee legal services to individuals in Orange and Los Angeles Counties. | Hotline: 800-834-5001 714-571-5200 |
| Legal Services | Greater Bakersfield Legal Assistance Inc. | Information and referrals to attorneys providing free and reduced fee legal services to individuals residing within service area in Kern County. | 661-325-5943 or Toll Free: 888-292-4252 |
| Legal Services | California Indian Legal Services, Inc. | Information and referrals to attorneys providing free and reduced fee legal representation in cases that involve issues unique to Native Americans. | Escondido 800-743-8941, Eureka 800-347-2402 Sacramento 800-829-0284, Bishop 800-736-3582 |
| Legal Services | San Diego Volunteer Lawyer Program, Inc. | Information and referrals to attorneys providing free and reduced fee legal services to individuals in San Diego County. | 619-235-5656 |
| Roadside Assistance & Road Conditions | California Road Conditions | Recorded road condition information. | 511 or 800-427-7623 |
| Roadside Assistance & Road Conditions | Sacramento Region -511 Travel Information System | Recorded road condition information. | 511 or 877-511-TRIP(8747) |
| Roadside Assistance & Road Conditions | 511 - San Diego Traffic, Transit & Commute Information | Recorded road condition information. | 511, 916-699-1900 or 855-467-3511 TTY: 619-699-1904 |

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| Roadside Assistance & Road Conditions | 511 - San Francisco Bay Area Transportation Information | Recorded road condition information. | 511 or 866-736-7433 |
| Tax Assistance | California Franchise Tax Board - General Assistance | State tax information assistance. | 800-852-5711 Automated help: 800-338-0505 |
| Veterans Services | California Department. of Veterans Affairs | Veteran services such as: housing, medical, and information concerning other benefits. | 800-952-5626 TDD: 800-324-5966 Outside CA:800-221-8998 |
| Vital Statistics | California Department of Motor Vehicles | Duplicate drivers licenses, auto titles, and registrations. | 800-777-0133 TTY:800-368-4327 |
| Vital Statistics | CA Department of Health Services - Vital Records | Replacement birth/divorce/marriage certificates and other vital document services. | 916-445-2684 or 916-558-1784 |
| Volunteer | VOLUNTEERS SHOULD NOT SELF-DEPLOY | | |