

# **Engagement Guidelines: Muslim Leaders**

Religion Called:Islam or Al-IslamAdherents Consider Themselves:Muslim and are called MuslimsHouse of Worship:Masjid (pronounced "mos-jid" or "mos-jeed") in Arabic, Mosque in EnglishFirst Point of Contact:Masjid Executive Director or Imam (esp. in African-American congregations)Religious Leader:Imam (pronounced "ih-mom")Spoken Direct Address:Use "Imam"Physical Interaction:Avoid physical contact with those of opposite sex

# **HOUSE OF WORSHIP**

- A masjid (place of prostration in Arabic) or mosque is a place for Muslims to gather for Salat (ritual prayer).
- In the U.S., many cities have at least one Islamic Center which includes a mosque, but also features facilities for education, religious counseling, and dispute settlement.
- Dergah = a place where Sufis gather for fellowship, instruction, and prayer.

# **RELIGIOUS LEADERS**

## **Ordained/Commissioned/Licensed Leaders**

- Imam: prayer leader; may also function as a spiritual advisor and expert in Islamic Law. (Traditionally, a congregation's Imam is a man; a woman may serve as prayer leader for a women-only gathering.)
- Shaykh/Shaykha: spiritual leader (usually male, occasionally female), especially of a Sufi Circle.

#### Lay Leaders

- Members of a mosque's board of directors.
- Muslim Chaplain: a Muslim man or woman with special training, able to give spiritual care in a hospital, prison, university, or the military.

# **POINTS OF CONTACT**

- Local: Islamic Center / Mosque (called Masjid in Arabic). Many U.S. Islamic centers and mosques are independent, and are overseen by a board of directors. For many U.S. Muslim congregations, the president of its board of directors is the chief decision maker, and may also be its most public representative. For others such as those congregations in the African-American Muslim community, this role is assumed by (or is shared with) the imam. First point of contact should be the board of directors or for the African-American Muslim community, the board of directors in conjunction with the imam.
- Regional: Sometimes a "Shura Council" (voluntary assoc. made up of representatives of local mosques & organizations).
- National: These groups are examples of organized national bodies without formal authority. They often serve an advocacy
  and/or convening role within a segment of the larger Muslim community. However, they do not represent the full diversity
  of Muslim communities in the U.S.: Islamic Society of North America, American Society of Muslims, Islamic Circle of North
  America, Universal Muslim Association of America, The Mosque Cares.

# **NVOAD MEMBERSHIP AND CORE CAPABILITIES IN DISASTER**

National Voluntary Organizations Active in Disaster (NVOAD) is a nonprofit, nonpartisan, membership based organization that serves as the forum where organizations share knowledge and resources throughout the disaster cycle. FEMA DSA team members should check with their VAL to determine whether local or regional VOADs exist in their operational area. National VOAD members include **ICNA Relief USA** and **Islamic Relief USA**.

# TIPS FOR CULTURE AND SOCIAL INTERACTION

#### Greeting

When introducing yourself to a religious leader, use formal religious titles unless instructed otherwise (Brother/Sister, Imam).

Muslims greet one another, and can be greeted by, the Arabic salutation "As-Salamu Alaykum" (peace be upon you), to which the response is "Wa alaikum assalaam" (and upon you be peace).

#### **Physical Interaction**

As a general rule, avoid initiating physical contact when meeting or greeting religious leaders from religious traditions that differ from your own, especially those of the opposite sex. Muslims do not generally exchange handshakes with, or embrace, people of the opposite sex. Staff and other guests should understand that this is not a sign of rudeness, but a cultural and/or religious custom. Therefore, when greeting a Muslim of the opposite sex, one should wait until or if they extend their hand to shake, rather than first extending one's own. Be prepared with an alternate gesture, such as placing the right hand on one's own heart when being introduced. When in doubt, ask before making assumptions or wait for a leader to initiate. As holding hands and kissing cheeks between people of the same sex is common practice in some ethnic and cultural traditions, it would not be uncommon for a leader to hold someone's hand while escorting them through a building or to a speaking position.

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#### Other

Remove shoes before entering a mosque to respect the way that the community treats their sacred space. Both men and women should dress modestly. Men should wear long pants and women should cover the head, arms and legs. Ask before participating in worship services.

## **GOVERNANCE / JUDICATORY**

- There are no senior Muslim clerics in the U.S. with authority over all other imams in the United States.
- Many communities have an Imams Council, or a Shura Council, which may address areas of concerns to local Muslims, engage in advocacy, provide social services, and issue opinions on matters of Islamic Law.

# MEETING LOGISTICS AND SCHEDULING

# **Scheduling and Holidays**

Many Muslims observe three to five daily prayers. While brief (about 5-10 minutes each), these should be considered when scheduling meetings. Special considerations should be taken during the month of Ramadan. Be flexible in meeting scheduling to accommodate adjusted schedules as participants may wake up earlier and/or go to bed later than normal, as well as observe ritual prayer times. Ideally, meetings should be scheduled during the mornings and food should not be served.

Muslims follow a 12-month lunar calendar. Major observances include:

The First of Muharram (celebrated by some branches of the Muslim community; merely noted by others), The Ten Days of Muharram, 'Ashura (the Tenth of Muharram), Milad al-Nabi (the Prophet's Birthday), Ramadan/Ramazan: a month of total fasting from food and liquids (and from intercourse and smoking) during daylight hours, Laylat al-Qadir (Night of Power): all-night prayer during Ramadan, Eid al-Fitr (Festival of Fast-Breaking), Eid al-Adha (Festival of Sacrifice).

## Food

Halal Food: Many Muslims follow religious dietary laws written in the Quran. These dietary laws are defined by the Arabic terms halal (permitted) and haram (prohibited). In accordance with the Quran, pork and alcohol are examples of items considered to be haram. Therefore, many Muslims will only eat food from halal food sources, including caterers, purveyors, and MREs (Meals Ready to Eat). Halal food sources include meat that has been ritually slaughtered (zabiha). Provide a zabiha/halal option, or, if unavailable, a vegetarian option if scheduling a meeting where food is provided. In addition, snacks should not contain gelatin, meat, meat byproducts, or lard.

Ramadan Fast: Muslims often fast from sunrise to sunset during the lunar month of Ramadan, the most sacred month in the Muslim religious calendar. Ramadan, a period of self-reflection and charitable acts or giving, includes ritual prayer, daytime fasting, and communal pre-dawn and sunset meals. During Ramadan, Muslims eat breakfast (suhr/suhoor) before dawn and refrain from eating and/or drinking until sunset.

## Logistics

Generally, Muslims will be comfortable sharing space with others without requiring much in the way of specific items. Some may be more comfortable sitting on cushions on the floor rather than in chairs or pews. Depending on ethnic and cultural origin, it is not uncommon for men and women to congregate by gender for conversation, eating, and socializing. Some Muslims may have a culture of greeting before discussing business. This could include sharing drinks, a meal, or engaging in conversation. It may be considered rude to start discussing business without first going through these rituals.

## DRESS

Muslims may dress in clothing that may fall outside of American/Western fashion norms. Males may wear a small hat (kufee) or turban. Some may wear long robes (thobes) or a long shirt and pant set (shalvar-kameese). Some males may wear their pant-legs slightly shorter than the standard fashion. Females may wear a head covering (hijab) over their hair, ears, and neck. Some may cover their entire bodies with loose fitting clothing, covering all of their body, except for their face, feet, and hands, called an abaya. Though not generally common in the United States, some females may veil their faces, using what is called a niqab, wear elbow length gloves, or a burka, if covering the body from head to toe. Islamic dress is usually a combination of culture and ethnicity as much as piety. It is a false assumption that females are forced or required to dress modestly, and most would be deeply offended by that assumption. Islamic dress does not indicate a person's level of education or reflect on a particular conservative (or liberal) religious or political orientation.

## **ABOUT ISLAM**

Islam, the world's second largest religion, has an estimated one billion adherents, with adherents from nearly every racial/ ethnic background. Approximately 2.6 million Muslims live in the U.S. and worship at over 2,100 masjids. Approximately onethird are African-American, one-third are from South Asia including India, Pakistan, and Bangladesh, and one-third are Arab, Latino, European, Caucasian, and converts to Islam.

Islam, which means "submission to Allah (God)," has five pillars: prayer, fasting, charity, pilgrimage to Mecca, and testifying on the oneness of Allah and the prophethood of Mohammad. Their holy book, the Quran/Koran speaks of caring for the poor, a day of judgment, and the afterlife. Islam is comprised of two major sects, Sunnis (85% of Muslims globally) and Shia (15%), and several other smaller sects. The religion is called Islam. ("Islamic" is an adjective; adherents are called Muslim.)