When disaster strikes, every minute counts

Release Date: September 10, 2019

AUSTIN, Texas — FEMA promotes National Preparedness Month each September because preparation saves lives and prevents loss. Taking a few minutes now can make a life-changing difference when disaster strikes.

1. What do you need? Don’t run around stuffing things in a bag when you need to evacuate. Put together an emergency kit now with water, food and medications for at least three days as well as some cash, a first aid kit, flashlight and batteries. And don’t forget your pets’ needs. You should also bring any important documents you may need in the wake of a disaster. For tips on building an emergency kit, see https://go.usa.gov/xmX9v.

2. Where are you going? Figure out now where you’ll meet up with your family if you need to evacuate. Choose multiple destinations in different directions so you’ll have options in an emergency. To learn more, visit www.ready.gov/evacuating-yourself-and-your-family or www.listo.gov/es/como-usted-y-su-familia-deben-evacuar for Spanish.

3. Can we talk? Phone service may be unavailable in a disaster. For help creating a family emergency communication plan, follow this link: https://go.usa.gov/xPcCF.


5. Who do you know? It’s a good idea to get to know your neighbors so you can assist each other in times of crisis. If you are able, please check in on your neighbors who may need help, particularly those who are elderly, have disabilities or care for multiple children.

6. Have you signed up? Many communities will send you emergency notifications by text or email if you register. You can also get alerts through the National Oceanic and Atmospheric Association’s Weather Radio (}
To learn more about National Preparedness Month, visit www.ready.gov/september. To find out more about creating an emergency plan, go to www.ready.gov/make-a-plan.

For additional information on Hurricane Harvey and Texas recovery, visit the Hurricane Harvey disaster web page at www.fema.gov/disaster/4332, Facebook at www.facebook.com/FEMAHarvey, the FEMA Region 6 Twitter account at www.twitter.com/FEMARegion6 or the Texas Division of Emergency Management website at https://tdem.texas.gov/.

###

Helping people before, during and after disasters.

Disaster recovery assistance is available without regard to race, color, religion, nationality, sex, age, disability, English proficiency or economic status. If you or someone you know has been discriminated against, call FEMA toll-free at 800-621-3362 (voice, 711/VRS - Video Relay Service) (TTY: 800-462-7585). Multilingual operators are available (press 2 for Spanish).