Emergency Kit
CHECKLIST

General

Store all your supplies in a plastic tub that is easily accessible.

- **Water**
  Three gallons of water per person, to last three days, for drinking and hygiene.

- **Food**
  At least a three-day supply of nonperishable foods. Don’t forget a manual can opener.

- **Prescription Medications**
  At least a week’s worth of medication. Don’t forget non-prescription medications.

- **Cash**
  In case ATMs are unavailable or credit/debit card systems are down.

- **Important Documents**
  Copies of any documents you can’t lose, along with your family emergency plan.

- **Kitchen Items**
  Utensils, cups, tupperware, napkins, plastic ties, garbage bags and disinfectant wipes.

- **Personal Hygiene**
  Moist towelettes and hand sanitizer. Also, don’t forget toothbrushes and toothpaste.

- **Blanket & Clothes**
  Keep a spare set of clothes and blankets to keep warm and dry.

- **Radio**
  Battery-powered or hand crank radio, preferably a NOAA Weather Radio.

- **Flashlight**
  Don’t forget the extra batteries. Consider adding some light sticks.

- **First Aid Kit & Dust Mask**
  For any medical needs and to help filter contaminated air.

- **Whistle & Local Map**
  Use to signal for help and evacuate without GPS if needed.

- **Cell Phone Chargers**
  Include a solar charger and/or fully charged power banks (will need to be recharged).

- **Plastic Sheeting & Duct Tape**
  To help shelter-in-place if needed. Also consider nylon rope.

- **Wrench and Pliers**
  To turn off utilities. Multi-purpose/multi-functional tool as well.

- **Also Consider**
  Hand warmers, waterproof matches, gloves, pocket knife and fire extinguisher.