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# UNIT 9: TEACH-BACK #1

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In this unit you will learn about:

- **The Teach-Back Process**
- **The Teach-Back #1 Assignment**
- **Film Session #1**

In this unit you will:

- **Conduct Your First Teach-Back**
- **Provide Feedback on Other Presentations**

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## WHY DO A TEACH-BACK?

A key part of any successful train-the-trainer class is practice. You need to practice teaching the skills in the *CERT Basic Training* course, and you need to practice incorporating the information you are learning in this *CERT Basic Train-the-Trainer* course.

## THE TEACH-BACK PROCESS

Here is the process for the teach-back preparation and presentation:

1. You will be assigned a partner and a block of instruction.
2. You will work tonight on your assignment. You will both be expected to be active participants in the teach-back (each person must deliver part of the instruction). Your total presentation time should be no longer than 15 minutes.
3. The teach-backs will be done tomorrow morning in groups of 10. The eight people who are not teaching will give you feedback on your presentation.
4. After your presentation, the “audience” (eight other participants and an instructor) will complete a feedback checklist. You will be given the written checklists. The audience will also give you feedback orally.

## FEEDBACK CHECKLISTS

The instructor will distribute feedback checklists to each participant. Review the assessment criteria that will be used for each presenter.

Remember that the feedback must focus on the training **delivery**:

- What went well
- What could be improved

## **TEACH-BACK #1 ASSIGNMENT**

### **WHAT TO INCLUDE IN THE TEACH-BACK**

Each teach-back block should include an explanation, a demonstration, and a hands-on activity. In other words, the audience should:

- Hear it
- See it
- Do it

The presenters' responsibilities are to:

- Describe the skill clearly
- Demonstrate the skill correctly
- Coach the class through the practice session

Each person in a team is responsible for presenting an equal portion of the teach-back content.

Remember to incorporate practices and information you have learned from:

- Unit 2: Your Role as Instructor
- Unit 5: Maximize Learning

One final tip: don't "hide" behind lecterns or tables in the classroom. This minimizes your ability to interact with and properly engage your learners.

All in 15 minutes!

## TEACH-BACK #1 ASSIGNMENT (CONTINUED)

### CONTENT BLOCKS TO BE ASSIGNED

You will be assigned one of the following blocks from the *CERT Basic Training Instructor Guide*:

- Unit 1: Description, display, explanation of items in CERT kit (use actual kit)
- Unit 2: Use of fire extinguisher (selection of extinguisher, test, approaching fire, discharge of extinguisher, backing out) (pages 2-28 through 2-44)
- Unit 3: Stopping profuse bleeding (direct pressure, elevation, pressure points) (pages 3-21 through 3-28)
- Unit 4: Head-to-toe patient assessment (pages 4-23 through 4-33)
- Unit 4: Treating fractures/sprains/strains (pages 4-45 through 4-55)

Be sure to review the content you will present in the *CERT Basic Training Instructor Guide* and follow the Instructor Guide when you do your teach-back.

### SETUP

Follow these steps for the teach-back presentation:

1. The presentation should be no longer than 15 minutes.
2. The people who are not training will give feedback on the presenter after it is done.
  - a. First, the “audience” (other participants and an instructor) will complete a feedback checklist. The written checklists will be given to the presenters.
  - b. Second, the audience will give feedback orally.
3. The feedback will last 7-8 minutes.
4. Then the next team will get ready for its presentation.

In addition to the opportunity to demonstrate, the teach-backs also provide a good opportunity to practice the skills of giving feedback and coaching, which are important skills for trainers to have.

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