

Age Appropriate Awareness

Did you know your pillowcase can also be used to store your preparedness supplies? The American Red Cross created the Pillowcase Project to help children prepare for disasters. It is designed to be a fun and an age appropriate activity to educate children about the importance of being ready for disasters. In each presentation, children receive:

- A pillowcase;
- A mini first aid-kit;
- A glow stick;
- An activity book; and
- Crayons to start their own personalized disaster preparedness plan!

Goals of the program include:

- Helping children become more familiar with their local hazards; and
- Informing children and their families about being prepared for disasters.

Read more about the Pillowcase Project on [the American Red Cross Website](http://preparecenter.org/activities/pillowcase-project-preparing-students-disasters), or at <http://preparecenter.org/activities/pillowcase-project-preparing-students-disasters>.