

# FEMA Region 9 Youth Preparedness Toolkit

---

Release Date: nov 1, 2024

The Toolkit's purpose is to centralize preparedness activities, offering a Learn-Practice-Share model that connects hazards with geographic regions and empowers youth to implement and teach preparedness practices.

## Hazards in Region 9

- [Droughts](#)
- [Earthquakes](#)
- [Extreme Heat](#)
- [Floods](#)
- [Hurricanes/Typhoons](#)
- [Severe Weather](#)
- [Tsunamis](#)
- [Volcanoes](#)
- [Wildfires](#)

## Preparedness Activities by Age Group

- **Elementary (Grades 1-6)**  
Activities and games that introduce basic preparedness concepts in a fun and engaging way.
  - [Prepare With Pedro](#) (FEMA)
  - [Preparedness Ambassadors](#) (Local government resources)
  - [STEP](#) (Students Teaching Emergency Preparedness)
  - [Disaster Minds](#) (Activity on identifying different hazards)
  - [Preparedness Champions](#) (Reward-based activity for completing preparedness tasks)



FEMA

- [Rocket's Emergency Preparedness Classroom Materials and Safety Toolkit](#) (Activity books in multiple languages)
- [Dam Safety with Beaverly Activity Book](#)
- **Activity: Create-A-Kit Art** - Design your own emergency supply kit as an art project.
- **Activity: Create-A-Kit** - Design your own emergency supply kit.
- **Emergency Kit Craft** - This activity helps kids understand the importance of being prepared while making the learning process fun and engaging. They get to exercise creativity and take home a valuable tool for safety and peace of mind.

- **Materials Needed:**

- Small, sturdy boxes (like shoeboxes)
- Markers, crayons, and stickers for decorating
- Paper and pens
- Plastic bags
- Bandages, small first aid items (adhesive bandages, antiseptic wipes)
- Mini flashlight or glow sticks
- Granola bars or small, non-perishable snacks
- Water bottles
- Whistle
- Emergency contact information cards

**Activity Steps:**

- **Decorate the Kit Box:** Let the kids decorate their boxes with markers, crayons, stickers, and anything else they like. This makes the kit personal and memorable.
- **Talk About Emergencies:** Discuss different types of emergencies (like natural disasters or getting lost) and what items might be helpful in each situation.
- **Prepare the Items:** Hand out the various items listed and help the kids pack them into their boxes. Explain why each item is important.
- **Create Emergency Contact Cards:** Have each child write down important contact information on a card, including names and phone



numbers of family members. Place these cards in the boxes.

- **Personalize with Extra Items:** Allow kids to add one or two personal items to their kit (a small toy, a family photo) to make it comforting.

**Role-Playing:** End the activity with a role-playing session where kids practice using their kits in a pretend emergency situation.

- **Junior High (Grades 7-8)**

Activities that encourage personal responsibility and community awareness.

- [Be A Hero](#) (Challenge for learning about emergency actions)
- [Teen CERT](#) | Ready.gov
- [Red Cross Clubs](#)
- [Family Communication Plan](#) (Create a plan for family reunification in emergencies)
- Emergency Preparedness Badge game (By request)
- [Hazard Geography](#) (Identify hazards in your community)
- [Emergency Kits for Pets](#)

- **High School (Grades 9-12)**

Advanced activities focused on leadership and teaching preparedness.

- [Youth Preparedness Council](#) (Leadership opportunities in preparedness)
- [Teen CERT](#)
- [Be A Hero](#) (Advanced version with leadership roles)
- [Red Cross Club in a Box](#)
- [Toolkit for Youth on Adaptation and Leadership](#) (Climate resilience and preparedness)
- [Ready Children and Youth Preparedness Social Media Toolkit](#) (Social Media Preparedness Campaign Ideas)

## Youth Leader Resource Hub

- **Safety Resources**

- [SchoolSafety.gov](#) (School safety resources)
- [Ready Kids](#) | Ready.gov



**FEMA**

- [Program Implementation Workbook](#) (Steps to implement preparedness programs)
- [Emergency Planning](#) | SchoolSafety.gov
- [CDC Access and Functional Needs Toolkit](#) (Pg 9-12)
- [PrepTalks Discussion Guide](#) (Youth preparedness discussion topics)
  
- **Planning Resources**
  - [Ready Campus](#) | Ready.gov (College and campus emergency planning)
  - [Teaching Climate](#) | NOAA Climate.gov (Climate resilience education)
  - [Guide for Developing High-Quality School Emergency Operations Plans](#) (FEMA)
  - [Community Hazard Maps](#) (Maps showing regional hazards to enhance geographic awareness)
  - **Activity: Local Emergency Contacts Directory Template** - Develop a template for school leaders to populate with local contacts.
  
- **Inclusion Resources**
  - [Emergency Preparedness and Disability Inclusion](#) | CDC
  - **Activity: Language Accessibility Resources** - Identify community resources to communicate with non-native English speakers.
  - **Activity: Culturally Responsive Emergency Communication** - Develop communication products that resonate with diverse communities.

## Suggested Additions for Youth Engagement

- **Hands-On Emergency Kits Creation** - Assemble emergency kits for different hazards.
- **Personal Resilience Skills Workshop** - Cover skills like first aid, CPR, and stress management in emergencies.
- **Online Engagement Modules** - Short videos or interactive websites on preparedness, including mobile-friendly options for easy access. FEMA's [YouTube](#) or state or local emergency management video content is a good place to start.
- **Emergency Preparedness Storytelling** - Creative writing or video stories to help youth imagine scenarios and respond.



**FEMA**

# Contact Information and Technical Support

**Myisha Aban, Regional Preparedness Liaison**

[Myisha.Aban@associates.fema.dhs.gov](mailto:Myisha.Aban@associates.fema.dhs.gov)



**FEMA**