

# Have 10 Days' Worth of Supplies Ready for Hurricane Season

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GUAYNABO, Puerto Rico – As the 2018 Atlantic hurricane season approaches, survivors should prepare with essential supplies for at least 10 days. That means having enough food, water and other commodities to sustain the household.

Puerto Rico residents are encouraged to consider the areas where they live and their family-specific needs when gathering supplies. People with disabilities or special healthcare needs should consider those unique needs in their planning.

A basic emergency supply kit includes:

- Water – a gallon per person per day, for drinking and sanitation, or 10 gallons per person
- Food – at least a 10 day supply of non-perishable food per person
- Non-electric can opener
- Pet food and extra water
- Moist towelettes, garbage bags and paper towels
- Prescription and over-the-counter medications
- Cell phone with chargers and a backup battery
- Propane gas
- Batteries
- Flashlights or solar lamps
- Cash in large and small bills
- Important family documents

Recovery work is steadily progressing. However, the next storm could cause another prolonged disruption of vital services like water, power and phones.

Local emergency responders will be available to provide assistance as soon as weather and road conditions allow. In the meantime, families and individuals need to ensure they have the right supplies to manage by themselves during the first 10 days following a disaster.



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For more information on your 10 days' worth of supplies, hurricane season preparedness and Puerto Rico's recovery from Hurricane Maria, visit [FEMA.gov/disaster/4339](https://www.fema.gov/disaster/4339).

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Disaster recovery assistance is available without regard to race, color, religion, nationality, sex, age, disability, English proficiency or economic status. If you or someone you know has been discriminated against, call FEMA toll-free at 800-621-FEMA (3362) 711/VRS - Video Relay Service). Multilingual operators are available. (Press 2 for Spanish). TTY call 800-462-7585.

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