

SUGGESTED QUESTIONS TO ASK/THEMES TO PRESENT FOR EITHER THE TALKING METHOD OR THE DRAWING METHOD:



- Where were you when it [the disaster/event] happened?
- What were you doing?
- Where were your friends?
- Where was your family?
- What was your first thought when it happened? ☹️
- What were you thinking during it?
- ▣ Allow for silence for some with low language skills, shyness, discomfort, etc. Especially encourage peer support for these children.

Note\* The teacher should accommodate the child:  
 • If a child has low English skills, consider asking for a translator, or a peer to help child to express in words  
 • Create a chance for verbal expression in any language

- What did you see? ☹️.....?
- What moved? What fell?
- What changed? (Include lifestyle/living conditions!)
- What changed after the [disaster/event]?
- What did you hear?
- What sound did it make? (Allow for yelling, etc. to make sounds)
- What did you smell?
- What did you do after it?
- How did you respond?
- What did you "lose" (misplaced OR broken, destroyed, stolen, etc.)
- How did you feel?
- What did other people around you do (during, after)?
- What was the silliest ☹️ thing you did?
- Were you or anyone else you know, injured?
- What happened to the animals around you? (Pets, too). ☹️
- What dreams ☹️ did you have after it? (Note\* could be related or unrelated) (Either is fine to discuss)
- What reminds you of it? When do you think about it?
- What do you do differently since the [disaster/event]?
- How do you feel now (re. the disaster memories)
- What makes you feel better?
- Was anyone you know, killed in the disaster? → REMEMBER... ☹️

THE GOAL ☹️ OF THIS PROCESS IS TO HELP CHILDREN TO FEEL BETTER! ☹️