

# Region 2 Preparedness and Resilience Webinars

## 2022 Webinar Catalog



**FEMA**

★ REGION 2 ★



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# FEMA Region 2 Webinars

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## **CERT (Community Emergency Response Team)**

### **American Sign Language 101 for CERT**

The Training was delivered by AQI Interpreting Services.

The FEMA Region 2 National Preparedness Division has partnered with the State of California Office of Emergency Services (Cal OES), and the National CERT Association (NCA) to host a training that focused on the communication needs for including Deaf and Hard of Hearing participants in your CERT program.

Typically, a person with a hearing loss and uses sign language as their primary mode of communication requires accommodations to fully understand presentations spoken in English. American Sign Language (ASL) and English are not the same. ASL has its own grammar and syntax with just as much richness and nuance as any other language. The instructors brought a perspective of being Deaf, a sign language interpreter and a person with a mild to moderate hearing loss, and learning sign language.

People were encouraged to join to learn techniques to enhance your curriculum to include Deaf and Hard of Hearing community members to your class. The webinar also included teaching a few survival signs used for Emergency management situations such as hurt, pain, where, water, name, and many more!

Groups encouraged to attend: Whole Community, Parents, Students, Local, State, Federal government, Private Sector, Faith-based, Non-profit, Philanthropic entities and Emergency Managers,

Recording link: <https://fema.connectsolutions.com/ph9j9mxb8znc/>

### **CERT Virtual Disaster Workshop**

The Region 2 National Preparedness Division in partnership with Cal OES, Volunteer Florida and the SFFD NERT Program hosted a special series of workshops on using CERT volunteers to support a disaster response. The series also covered the following topics in a scenario-based format:

Volunteer Requests and Mission Tasking  
Volunteer Call out and Deployment Best Practices  
Using CERT for common disaster response and recovery activities  
Demobilization/After-Action Reports

Groups encouraged to attend: CERT Program Managers, CERT Leads, State, County and Local OEMs, Sponsoring CERT organizations, other interested parties.

Recording link from March 22: <https://fema.connectsolutions.com/pngni2cmu9y9/>

Recording link from March 24: <https://fema.connectsolutions.com/p98q6uees232/>

Recording link from March 29: <https://fema.connectsolutions.com/py2bwk4ht2s8/>

Recording link from March 31: <https://fema.connectsolutions.com/pof7mwj2ygow/>

### **National CERT Conference Lunch and Learn 2022**

The 2022 National CERT Conference was planned by the National CERT Association, in partnership with FEMA Region 6 and hosted by the Galveston CERT Program. The conference was held August 18 through 20, 2022 (pre-conference training August 15-17) at the Galveston Convention Center at the San Luis Resort, 5600 Seawall Blvd., Galveston, TX 77551.

Everyone was invited to attend the conference, including CERT Program Managers, Instructors, Volunteers, and other CERT Stakeholders.

This presentation provided an overview of the National CERT Conference, why you should attend, and what makes CERT Conferences unique.

Groups encouraged to attend: Whole community partners, particularly CERT Program Managers and Instructors who are interested in an effective tool to prepare community members for all hazards.

Recording link: <https://fema.connectsolutions.com/pbs14ng1ilt4/>

## **CERT Grants**

There is an old adage that there is grant funding everywhere, including funding for CERT programs. For programs that are adept at finding and applying for grants this has been their best kept secret. For programs that have never received grant funding this has been a mythical unicorn.

On Wednesday, August 24<sup>th</sup>, the FEMA Region 2 National Preparedness Division held a special webinar about how different entities have applied for and utilized grant funding for CERT.

- Kari Korthals with Butler County, Kansas, will talk about how Butler County leverages EMPG grant funding for their CERT programs.
- Nancy Smith, Alicia Woodberry and Andrew Bloniarz will present on how the City of Boston has leveraged various grants to support their CERT program.

Groups encouraged to attend: Whole community partners, particularly CERT Program Managers and CERT Sponsoring Organizations that want to learn more about how CERT programs apply for and utilize grant funding.

Recording link: <https://fema.connectsolutions.com/pk2whkrc57g4/>

## **Higher Education**

### **FEMA Region 6 Higher Education Collaborative**

The Region 2 in collaboration with Region 6 delivered a webinar highlighting the FEMA Region 6 Higher Education Collaborative which is the network through which strategy and information regarding emergency management research, campus preparedness and growing the next generation of emergency managers can be shared.

This panel discussed the Collaborative's successes in establishing a regional community of educators, info-sharing practices and how they foster collaboration among colleges, universities, and Centers of Excellence in Arkansas, Louisiana, New Mexico, Oklahoma and Texas.

Groups encouraged to attend: The Whole Community, Parents, Students, Local, State, Federal government, Non-profit, Emergency Managers, Institutions of Higher Education, Career, Technical, and Vocational Schools.

Recording link: <https://fema.connectsolutions.com/pwrI05h82u5a/>

## **The Future of Emergency Management**

The Region 2 National Preparedness Division discussed The Future of Emergency Management as a field.

This webinar will feature Dr. Bernard Jones from St. John's University, Dr. Tom Carey from Monmouth University, Dr. Bill Toms from Fairleigh Dickinson University, and Dr. Scott Fisher from New Jersey City University.

These distinguished panelists will be addressing topics such as Behavior, Emotional Intelligence Competencies, Data, Data Science, Technology, GIS, Climate Change, Homeland Defense vs Homeland security, and misleading titles. The Emergency Management field is at a critical point, in defining its future. You don't want to miss this discussion.

Groups encouraged to attend: Anyone who is affiliated with the Emergency Management field. Emergency Managers, First Responders, government agencies, faith-based organizations, as well as students considering a career in Emergency Management.

Recording link: <https://fema.connectsolutions.com/p6j0zu1be4f0/>

## **Children, Youth, and Families**

### **AmeriCares Psychological First Aid for Children**

The Region 2 National Preparedness Division in partnership with Americares hosted a webinar on Psychological First Aid for Children.

In crisis and emergency events, children think and respond in a different way than adults do. They also have specific needs according to their age and are more vulnerable to adverse effects according to their physical size and their social and emotional capacity to connect with service providers.

Knowing the expected reactions of children and adolescents according to their stage of development will provide us with more information for an adequate support intervention by applying activities and strategies appropriate for their age.

Groups encouraged to attend: The whole community individuals and families, Parents, Teachers, Caregivers, volunteer and faith-based organizations, local, state, federal government and private sector.

Recording link: <https://fema.connectsolutions.com/p0a4a6fc6npr/>

### **Student Tools for Emergency Planning (STEP)**

The Region 2 and Region 5 National Preparedness Divisions hosted a webinar on Student Tools for Emergency Planning (STEP).

STEP is an emergency preparedness course designed for students in fourth grade and above, with fun activities that can be used inside and outside of school. The program guides students on how to create emergency kits and family communication plans, while also teaching about specific hazards.

Groups encouraged to attend: Educators, School Administrators, After-school Programs, youth-serving organizations, emergency managers and other members of the whole community.

Recording link: <https://fema.connectsolutions.com/pxf12i4sxgn2/>

## **My Emergency Backpack Is Ready... I'm Stress Free!**

Please join the Region 2 National Preparedness Division in partnership with Americares for a webinar discussing strategies for children and young people to prepare for disasters.

Disasters can produce different types of emotional reactions in children and adolescents such as stress, anxiety, fear, insecurity, feelings of loss, frustration, anger, intolerance and trauma which could affect their self-esteem and normal development. This workshop offers strategies (such as the emergency backpack) so that children and young people can know how to prepare for a disaster and thus avoid anxiety at the time of the event. It also teaches them to recognize how they react to stress in disaster events and how to properly cope with these events.

Groups encouraged to attend: Whole Community, youth serving organizations, community-based organizations, schools.

Recording link: <https://fema.connectsolutions.com/pondza8stg7f/>

## **Elopement: Preparedness and Response for People with Dementia and Autism**

Please join the Region 2 National Preparedness Division on a webinar discussing preparedness and response for people with dementia and autism.

The numbers of people with Dementia and Autism are rising and the instances of people eloping/wandering from safe environments out into the community are growing. This webinar provided life-saving information and resources on:

- Preparedness
- Prevention
- Reporting & Notification
- Guidelines
- Search & Rescue Operations
- Family Support
- Mitigation

Our subject matter experts shared critically important presentations, offered resources and support strategies and were available to answer your questions on this complex and potentially dangerous issue.

Groups encouraged to attend: Whole Community, emergency managers, first responders, families, service providers community and faith-based organizations and government agencies.

Recording link: <https://fema.connectsolutions.com/p30ejns6d9le/>

## **Civil Rights**

### **Civil Rights: Before, During, and After Disasters**

Please join the Region 2 National Preparedness Division for a discussion on the role of civil rights and equity in all phases of a disaster: the before, during, and after.

This presentation provided an opportunity to learn about various civil rights and obligations at the federal, state, and local level, while showcasing lessons learned from previous disasters. There was



a discussion of how NYC Emergency Management and FEMA work to address civil rights and the needs of vulnerable populations. There was also an overview of the rights of individuals and how community organizations can help ensure equal access to disaster programs for their community.

Groups encouraged to attend: The whole community – individuals and families, volunteer and faith-based organizations, local, state, federal government and private sector.

Recording link: <https://fema.connectsolutions.com/prfqxs3nvpb7/>

## Communications

### Guides for Alerts and Warnings Webinar

The Individual and Community Preparedness Teams from FEMA HQ and Region 2 hosted a webinar on the new Guides for Alerts and Warnings.

According to FEMA's 2021 National Household Survey, 44% of people who received information about how to get better prepared for a disaster got this information through social media. To help emergency managers share important information about hazard alerts and protective actions, FEMA created a suite of alerts and warnings graphics for alerts that people across the country may receive, learn more about them through this webinar!

Groups encouraged to attend: Whole Community, Local, State, Federal government, Private Sector, Faith-based, Non-profit, Philanthropic entities and Emergency Managers.

Recording link: <https://fema.connectsolutions.com/p0il3kv5kaal/>

## Individual and Community Preparedness

### Human Trafficking: Recognize, Report, Respond Part One

The Region 2 National Preparedness Division hosted this special webinar featuring a subject matter expert from Homeland Security Investigations, tasked with investigating and dismantling human trafficking efforts throughout the country.

Human trafficking is a hidden crime, and it can happen in any community; victims can be any age, race, gender, or nationality. The first step to combating it is to identify victims so they can be rescued and help bring their perpetrators to justice. Education and awareness is the route to a safer community.

Groups encouraged to attend: FEMA Staff, Whole Community, Local, State, Federal government, Private Sector, Philanthropic entities, Emergency Managers.

This webinar was not recorded

### Human Trafficking: Recognize, Report, Respond Part Two

The Region 2 National Preparedness Division hosted this special session featuring a subject matter expert from Safe Horizons, the nation's leading victim assistance organization based in New York City. This organization operates a network of programs to provide assistance, advocacy and support to victims who have experienced domestic violence, child abuse, sexual assault, stalking, human trafficking, youth homelessness and other crimes.

This webinar focused on effective engagement of trafficked persons, core principles of trauma informed care, client-centered practice, and Safe Horizon's approach to providing social services to survivors.

Groups encouraged to attend: FEMA Staff, Whole Community, Local, State, Federal government, Private Sector, Philanthropic entities, Emergency Managers.

Recording link: <https://fema.connectsolutions.com/pg2mmq2w1feg/>  
<https://fema.connectsolutions.com/ph9j9mxb8znc/>

## **Residential Fire Life Saving Strategies**

The Region 2 National Preparedness Division hosted a special webinar on Fire Prevention and safety.

This webinar featured subject matter experts from the US Fire Administration and the American Red Cross who discussed how you and your family can prevent a home fire and steps you can take to increase your ability (and that of your loved ones) to survive in the event of a fire. Fire prevention is your first step in protecting yourself and loved ones at home. Knowing what to do if a life-threatening situation occurs is a very important step that helps prevent injuries and loss of life.

Groups encouraged to attend: Whole Community, Parents, Students, Local, State, Federal government, Private Sector, Faith-based, Non-profit, Philanthropic entities and Emergency Managers,

Recording link: <https://fema.connectsolutions.com/p3cvib17kfil/>

## **Lunch and Learn Webinar: Ready Youth Toolkit in a Box**

The Individual and Community Preparedness Team in Region 2 hosted a webinar on how to start a Youth Preparedness Council (YPC) or club in your school or community using the Ready Youth Toolkit in a Box.

This toolkit developed by the staff who manage one of the largest regional YPCs, offers guidance on how to start your own YPC, suggested emergency preparedness training and best practices, as well as many templates that can be easily duplicated. Starting a YPC gives members a variety of benefits, including skill building and networking. It can also be a pipeline to the National FEMA YPC, where teens can apply for and team up with a select group of like-minded youths from across the country.

Groups encouraged to attend: Educators, school administrators, after-school programs, youth-serving organizations, parents, young adults and other members of the whole community.

Recording link: <https://fema.connectsolutions.com/pvfuabisvnjx/>

## **Lifelines to Communities: Food Distribution Best Practices**

Regions 2 & 10 National Preparedness Divisions hosted a webinar on the role Community Based Organizations can play during an emergency.

Community Based Organizations (CBOs) such as food banks provide critical support year-round and have been especially important during the height of the COVID-19 pandemic. During this webinar, we heard how Volunteers of America's Hunger Prevention Services, located in Western Washington, have supported their communities during COVID-19, their lessons learned from the past two years, and how you can possibly apply these lessons to your own organization.

Groups encouraged to attend: volunteers and community-based organizations that are interested in preparedness and resilience to join.

Recording link: <https://fema.connectsolutions.com/p0krvk4kmj5w/>

## **You are the Help, Until Help Arrives**

Life-threatening emergencies can happen fast, and emergency responders aren't always nearby. You may be able to save a life by taking simple actions immediately. The Until Help Arrives program teaches basic skills to help keep people alive and safe until professional help arrives. Learn five simple steps that may save a life.

Groups encouraged to attend: The whole community, individuals and families, volunteer and faith based organizations, local, state, federal government and private sector.

Recording links:

2/9/2022 <https://fema.connectsolutions.com/p5q41u34ahi3/>

5/11/2022 <https://fema.connectsolutions.com/p6a80qobk4ju/>

5/25/2022 <https://fema.connectsolutions.com/pz514zmxjfgn/>

8/10/2022 <https://fema.connectsolutions.com/p5sl8pb0cmjx/>

11/9/2022 <https://fema.connectsolutions.com/pgri0bukrmdm/>

## **Homeless Service Provider's Toolkit**

Please join Regions 2 & 3 National Preparedness Divisions in partnership with the Maryland Department of Emergency Management for a webinar on a toolkit for homeless service providers.

A whole community that is prepared and resilient in the face of disaster. Easy to say, but not as easy to attain. We plan for individuals and households, pets, assisted living facilities, hospitals, and other populations in our areas, but are the needs of the homeless population included in your planning? Join us as we discuss the project that one Maryland county undertook to increase the level of preparedness for its homeless population and the workbook that was created to assist the rest of the state in this process.

Groups encouraged to attend: Whole Community, Local, State, Federal government, Private Sector, Philanthropic entities, Emergency Managers.

Recording link: <https://fema.connectsolutions.com/pjqzsmqc03a0/>

## **Universal Design**

Please join Region 2 National Preparedness Division, Disability Integration Advisor, and New York City Emergency Management is hosting a webinar focusing on the various ways in which Universal Design (UD) has been applied or imagined in different design settings to give attendees a sense of how it helps people with disabilities, the elderly, children and others engage with the built environment and with commercial products.

We will discuss what Universal Design is and isn't, its history and the current status of Universal Design goals, principles and implementation. Our diverse subject matter experts will offer valuable information and access to informative resources to assist the audience in promoting and advocating for Universal Design in their field of work, including the public environment and individual lives, with the goal of helping attendees turn awareness into action.

Groups encouraged to attend: The whole community – individuals and families, volunteer and faith-based organizations, local, state, federal government and private sector.

Recording link: <https://fema.connectsolutions.com/p1vg0552b285/>

## **Rational Prepping: What is it? Why is it growing? How to get started?**

The Region 2 National Preparedness Division's guest speaker was John Ramey, founder of ThePrepared.com, which The New York Times called "the leader of the [sane prepping] movement." ThePrepared.com is the largest and most-trusted online community for prepping education, training over 10 million people in recent years.

After reviewing the rational, data-based reasons why millions of "normal" people from all walks of life have joined the preparedness community –growing to almost 10% of Americans in recent years – Ramey showed attendees exactly how to get started in a way that fits their life and needs. What's worth their time and money (or not), specific product examples and how to use them, how to avoid feeling overwhelmed, busting common myths and mistakes, and why community is (almost) always better than lone-wolfing will be discussed during this informative webinar.

Groups encouraged to attend: The whole community: individuals and families, volunteer and faith-based organizations, local, state, federal government and private sector.

Recording link: <https://fema.connectsolutions.com/pj2w1bpk5dcz/>

## **Get Prepared with the Region 2 Preparedness Team and Ready.gov**

Please join the Region 2 Preparedness Team for a webinar focused on preparedness steps you can take NOW in honor of National Preparedness Month.

A panel made up of the FEMA Region 2 preparedness staff discussed preparedness steps anyone can take. The webinar focused on general preparedness, pet preparedness, financial preparedness, building community resilience, and the role of community-based and faith-based organizations in community preparedness. The Ready.gov team discussed the National public service campaign designed to educate and empower the American people to prepare for, respond to and mitigate emergencies, including natural and man-made disasters and how you can utilize it this month, and every month to get prepared!

Groups encouraged to attend: FEMA staff, whole community, community based and faith based organizations, schools, state and local partners.

Recording link: <https://fema.connectsolutions.com/povckflwi8xo/>

## **Disaster Planning for Homeless Service Providers**

The Region 2 National Preparedness Division partnered with the VA's Veterans Emergency Management Evaluation Center (VEMEC) for a webinar discussing VEMEC's Disaster Planning for Homeless Service Providers Workbook which is filled with templates, guidance, and instructions to create a plan for responding to your area's disasters.

Winter storms, heat waves, flooding, fire, and COVID-19. How will your organization and its staff respond and continue meeting clients' needs and ensuring safety in these events? How will you maintain your most important services after a disaster? As a homeless service provider, you are on the front lines serving people who are unhoused or facing housing precarity every day. As a vital

resource to your community, is your organization ready to respond to these emergencies? It's vital to plan for disasters before they happen.

Groups encouraged to attend: Homeless Service Providers, First responders, Hospital staff, Emergency Managers, Community-Based Organizations.

Recording link: <https://fema.connectsolutions.com/pl1wfw85mj8/>

## **A Roadmap to Who's Who Before, During and After Disasters in NJ**

The Region 2 National Preparedness Division held a ninety-minute webinar where we spotlighted speed learning and networking introductions to Federal, State and Community Partners who plan, prepare for, respond to, assist in recovery and guide mitigation in New Jersey for disaster related events.

This webinar offered the audience an opportunity to meet the disaster partners who work in collaboration to address every phase of the Disaster Cycle in New Jersey. They offered critical information about their roles and how they interface with other disaster partners. Extensive resources and contact information were provided on all topics discussed.

Groups encouraged to attend: Whole Community, federal, state and local emergency managers, first responders, service providers, community and faith-based organizations.

Recording link: <https://fema.connectsolutions.com/pdxs0u0hn338/>

## **Winter/Holiday Fire Safety**

The Region 2 National Preparedness Division discussed winter and holiday fire safety.

A fire program specialist with the United States Fire Administration will discuss safety steps you can take to keep your holiday season jolly. The topics discussed will include cooking, turkey fryers, electrical, severe weather, candles, Christmas trees, smoke and carbon monoxide alarms, and portable fire extinguishers. This webinar will also focus on how to plan your escape route before an emergency happens.

Groups encouraged to attend: Whole community partners, Individuals and families, Volunteer and faith-based organizations, Local, State, Federal government, Private Sector.

Recording link: <https://fema.connectsolutions.com/pl8vqvb4v6km/>

## **Assistance to Firefighter Grant Program (AFGP)**

The Region 2 National Preparedness Division on the Assistance to Firefighters Grants Program (AFGP) which funds critically needed resources to equip and train emergency personnel, enhance efficiencies and support community resilience.

FEMA Region 2 Fire Program Specialist, Brian S. Thomas, will provide a training webinar focused on the Assistance to Firefighter Grant Program (AFG). The webinar will provide information on AFG grants, Grant Management, and Grant Writing. Tips on how to develop a successful grant application will be the highlight of the presentation. This webinar is tailored to Firefighters, EMTs, Grant Writers and Grant Managers

Groups encouraged to attend: Local, State, Federal government, Firefighters, EMTs, Grant Writers and Grant Managers

Recording link: <https://fema.connectsolutions.com/pe3kjm0tuwpr/>



## **Tips and Tricks for Safe Holiday Shopping**

The Region 2 National Preparedness Division discussed The Federal Trade Commission's tips to help consumers shop safely, outsmart scammers, and ensure that their charitable donations go to the organizations and people they want to help.

Now that the holiday shopping season is almost here, scammers are shopping too, looking for people to separate from their money. This presentation will provide tips and tools to help consumers shop wisely, protect their personal information, and make their donations count.

Groups encouraged to attend: Whole community partners, Individuals and families, Volunteer and faith-based organizations, Local, State, Federal government, Private Sector, Philanthropic entities

Recording link: <https://fema.connectsolutions.com/pi2masuwnmjt/>

## **Give Yourself, and Others the Gift of Preparedness**

The Region 2 National Preparedness Division discussed holiday gift giving ideas.

Wandering around your local mall probably isn't going to inspire any unique gift ideas. The Individual and Community Preparedness team joined forces with our partners to bring you some unique ideas. Sit down, put your feet up and get ready to be inspired. Our Incredible lineup from FEMA, NJOEM, The American Red Cross, NJVOAD and others has a seemingly endless supply of unique gift ideas for yourself, your family and your community. Giving the gift of preparedness shows loved ones you care about their safety and wellbeing, especially during a time of emergency.

Groups encouraged to attend: Whole community partners, Individuals and families, Volunteer and faith-based organizations, Local, State, Federal government, Private Sector.

Recording link: <https://fema.connectsolutions.com/pi2masuwnmjt/>

## **CISA Active Shooter Guidance**

The Region 2 National Preparedness Division discussed steps you and your employees can take during an active shooter event.

Preparing employees for a potential active shooter incident is an integral component of an organization's incident response planning. Because active shooter incidents are unpredictable and evolve quickly, preparing for and knowing what to do in an active shooter situation can be the difference between life and death.

Who should attend? The whole community, workplace management, federal, state and local agencies, community and faith-based organizations.

Recording link: <https://fema.connectsolutions.com/pi2masuwnmjt/>

## **LISTOS - Preparedness Training for Families and Individuals**

Aware and Prepare LISTOS is an 8-hour training program that was originally created to engage the Hispanic community in emergency and disaster preparedness. Unlike CERT, LISTOS training is conversational based and is focused on families and individuals.

LISTOS was created in Santa Barbara County, California, in 2009 as part of the Aware and Prepare program. Since then, LISTOS has received two grants from the California Office of Emergency Services and a grant from the California Governor's office to expand LISTOS throughout the state. LISTOS now has over 60 programs statewide and the curriculum has been translated into 13

languages. Visit [www.CFALISTOS.org](http://www.CFALISTOS.org) for more information. Join us to learn more about this program, how it has proven effective in preparing non-English speaking communities, and how you can start a LISTOS program in your area.

Groups encouraged to attend: Whole community partners, particularly CERT Program Managers and Instructors who are interested in an effective tool to prepare community members for all hazards.

Recording link: <https://fema.connectsolutions.com/pkoy8iff09wj/>

## **Mental and Emotional Health**

### **A Social Reinsertion During the Pandemic**

The Region 2 National Preparedness Division in partnership with Americares hosted a webinar on social reinsertion and managing the fear of leaving your home during the pandemic.

A global emergency, such as the current COVID-19 pandemic, can affect people on many levels.

Faced with the challenge of resuming ordinary social practices, while there is still a risk of contagion, many people may experience intense fear of leaving their homes, known as "The Cabin Syndrome". Initially, staying at home could be experienced as being "in prison", however, with the passage of time, it has become for many a refuge that they fear leaving. Faced with this challenge, there are measures that can be taken to reduce this fear without abandoning proper precautionary and personal protection practices.

The whole community was invited to this webinar.

Recording link in English: <https://fema.connectsolutions.com/p137rar1evos/>

## **Selfcare for Disaster Responders and Healthcare Workers**

The Region 2 National Preparedness Division in partnership with AmeriCares hosted a webinar on selfcare for disaster responders and healthcare workers. Amidst the COVID-19 pandemic disaster responders and healthcare workers who test and treat COVID 19 patients were, and continue to be, at higher risk of contracting it, than the general public. The possibility of contagion and even of bringing the disease home entails a high level of stress and anxiety.

We deal with the double burden of stress from home and work in the face of major disasters. Facing the difficult scenario of caring for themselves and others during this emergency presents health workers with the risk of burnout, indirect trauma, and compassion fatigue. This webinar explained the specific stressors of first responders, mental and psychosocial health workers and healthcare providers, including secondary traumatic stress. The Americares team also provided tools that can be used to promote self-care and aid in self-assessment.

Groups encouraged to attend: First responders, CERT Volunteers, Hospital staff, Mental health and psychosocial

Recording link: <https://fema.connectsolutions.com/piotcwwakb5o/>

## **Terminology of Mental Health, Psychosocial Support, and Disaster Phases (Americares)**

The Region 2 National Preparedness Division partnered with Americares for a webinar discussing the terminology of mental health, psychosocial support and disaster phases.

People respond differently to disasters, so knowing the range of possible responses helps determine the appropriate psychosocial and mental health interventions, even when we are not mental health professionals.

This workshop presented on the most common and anticipated reactions in disaster settings. It also included a discussion on terminology in the areas of emergencies, disasters and mental health issues. Identifying characteristics and common disaster terminology is important to individuals working on the health continuum and in disaster preparedness, response and recovery.

Groups encouraged to attend: First-response staff, Emergency Managers, CERT Volunteers, Hospital Personnel and Health Care Providers.

Recording link: <https://fema.connectsolutions.com/phewlzxhjahy/>

## **Trauma Informed Care (Americares)**

The Region 2 National Preparedness Division partnered with Americares for a webinar discussing Trauma Informed Care. Trauma-Informed Care (TIC) understands and considers the pervasive nature of trauma and promotes environments of healing and recovery rather than practices and services that may inadvertently re-traumatize an individual.

A Trauma-Informed Care approach strives to understand the whole of an individual who is seeking services. When trauma occurs, it affects an individual's sense of self, their sense of others and their beliefs about the world. This webinar will discuss what Trauma-Informed Care is, the core principles, and how to apply TIC for the populations you serve.

Groups encouraged to attend: First-response staff, Emergency Managers, CERT Volunteers, Hospital Personnel and Health Care Providers.

Recording link: <https://fema.connectsolutions.com/pyvi7w1zhx3r/>

## **Psychological First Aid (Americares)**

The Region 2 National Preparedness Division partnered with Americares for a webinar on Psychological First Aid.

A disaster, emergency, or terrorist event can affect people on many levels. After a traumatic event, survivors are in a state of acute stress and may experience physical, psychological, behavioral, and spiritual reactions. The rapid intervention of a professional, during the first hours after the event occurred, is essential to help victims manage their feelings and protect their physical and mental health.

Groups encouraged to attend: First-response staff, Emergency Managers, CERT Volunteers, Hospital Personnel and Health Care Providers.

Recording link: <https://fema.connectsolutions.com/p2uc6n5g5fd6/>



## **Mental Health Preparedness for a disaster or Emergency**

The Region 2 National Preparedness Division, in partnership with Americares held a webinar discussing the importance of mental health preparedness in the face of a disaster.

Being prepared for an emergency allows us to better organize and structure the response we will have to it. Obtaining material and knowledge in advance facilitates the effective actions that we will take later. However, it is also necessary to prepare ourselves emotionally. When disaster strikes, individuals are not only at risk of physical injury, but may also experience emotional and psychological "wounds." Taking care of your mental health before an emergency will help you think clearly and react to urgent needs in order to protect yourself, your family and your community.

Groups encouraged to attend: FEMA staff, whole community, community-based and faith-based organizations, schools, state and local partners.

Recording link in English: <https://fema.connectsolutions.com/p3sedhxmr4q/>

## **Natural Hazards**

### **Hurricane Preparedness for Migrant Workers**

The Regions 2 & 4 National Preparedness Divisions hosted a webinar on migrant and seasonal workers face unique challenges that may inhibit their ability to adequately prepare for and respond to disasters.

From health, poor housing, the nature of their work, a lack of social networks, language barriers, and the unpredictable and increasing frequency of natural disasters, Emergency Managers and organizations who serve these communities must be prepared to address these unique needs.

In preparation for the 2022 hurricane season, we invited attendees to learn more about the needs and challenges migrant and seasonal workers face before, during, and after hurricanes, specific preparedness strategies to meet the needs of these communities, and how FEMA is removing barriers to FEMA programs and providing information to enhance their readiness and resilience.

Groups encouraged to attend: Whole Community, Parents, Students, Local, State, Federal government, Private Sector, Faith-based, Non-profit, Philanthropic entities and Emergency Managers.

Recording link: <https://fema.connectsolutions.com/p01t1zvyhv5a/>

### **Earthquake Preparedness Webinar with FEMA Region 9**

Region 2 and 9 hosted a webinar focused on earthquake preparedness. This webinar came at a great time, this year's International ShakeOut Day was held on October 20th, where millions of people worldwide participated in earthquake drills at work, school, or home.

The webinar featured two guest speakers who are experts on earthquake geology and structural engineering. They offered insight into liquefaction, earthquake-induced ground failure, earthquake building safety, and how to best prepare yourself and your home for an earthquake.

Groups encouraged to attend: Whole Community, emergency managers, first responders, families, service providers community and faith-based organizations and government agencies.

Recording link: <https://fema.connectsolutions.com/pytpd8k8lxd/>

## **Get Ready for Hurricane Season**

Region 2 hosted a webinar in honor of Hurricane Preparedness Week to encourage everyone to evaluate their personal hurricane risk before hurricane season begins on June 1st.

This webinar covered hurricane basics, information resources, and how to find out if you live in a hurricane evacuation zone. We will also discuss preparedness measures for people living in hurricane-prone areas, such as emergency supplies, insurance, preparing your home, and making an individual or family hurricane plan.

Groups encouraged to attend: The whole community – individuals and families, volunteer and faith-based organizations, local, state, federal government and private sector.

Recording link: <https://fema.connectsolutions.com/p1t2rnib8dpm/>

## **Public Health**

### **Let's Talk Vaccine**

The Region 2 National Preparedness Division in collaboration with AmeriCares presented a special webinar about vaccine hesitancy with subject matter expert Dr. Brenda Rivera, Epidemiologist.

Vaccine hesitancy is the delay or refusal to accept safe vaccines, despite the availability of vaccination services. Vaccine hesitancy became a new challenge given the coronavirus pandemic. For this reason, access to adequate information, as well as effective conversations about the COVID-19 vaccine between the provider and the patient, are very important factors.

Groups encouraged to attend: Whole Community, Local, State, Federal government, Private Sector, Faith based and non-profit organizations, Emergency Managers, Institutes of Higher Education

Recording link: <https://fema.connectsolutions.com/ps3osqhcbb9f/>

### **Opioids: One Pill Can Kill – Awareness Seminar**

The Region 2 National Preparedness Division and the Federal Executive Boards (FEBs) of Newark and New York City and the Drug Enforcement Administration (DEA) hosted a special webinar on emerging drug threats.

This webinar featured subject matter experts from the DEA to discuss the emerging drug threat of counterfeit pills, including the rising number of opioid overdose deaths. This webinar provided education to the public about the dangers of counterfeit pills and provided additional information and resources.

Groups encouraged to attend: Whole Community, Parents, Students, Local, State, Federal government, Private Sector, Faith-based, Non-profit, Philanthropic entities and Emergency Managers.

Recording link: <https://fema.connectsolutions.com/p8w714gey9us/>

## Nexus Between Climate Change and National Security

Please join the Region 2 Climate Adaptation Initiative Committee and National Preparedness Division for a webinar exploring the nexus between climate change and national security.

Climate change is a threat to national and global security. In addition to increasing disaster risks, climate change has economic, political and societal impacts. In this webinar, attendees got to hear from a panel of climate security experts: Sherri Goodman (Center for Climate & Security, International Military Council on Climate & Security, Wilson Center Polar Institute), Erin Sikorsky (Center for Climate and Security, International Military Council on Climate and Security) and Katelin Wright (Center for Homeland and Defense & Security Alum & 2021-2022 CSAG Climate Security Fellow). Panelists discussed the history of climate security, compounding and systems risks of climate change, migration and other unexpected impacts. This discussion included a question-and-answer session for the audience.

Groups encouraged to attend: FEMA staff, Homeland Security and Emergency Management staff at the Federal, State, Local, Tribal and Territorial levels, and other whole community partners from the Private and Public Sectors.

Recording link: <https://fema.connectsolutions.com/p7ar5yhh7tm8/>

## Investing in Resilience and the Green Economy

Please join the Region 2 and Region 7 National Preparedness Divisions for a webinar on *Investing in Resilience and the Green Economy*.

Join The Climate Initiative, a nonpartisan nonprofit with a mission of empowering high-school and college youth around climate action, to discuss the intersections of impacts of climate and the economy. This one-hour presentation will look at how climate change affects different communities from an economic lens, and ways to engage those communities, both youth and adult allies, in creating policy solutions that increase community resilience.

Groups encouraged to attend: Educators, environmental education programs, after-school programs, youth-serving organizations, emergency managers and other members of the whole community.

Recording link: <https://fema.connectsolutions.com/ppv3pqxdzbnw/>

## Small Businesses

### Organizations Preparing for Emergency Needs (OPEN)

Businesses that are unable to sustain operations during an emergency incident exponentially impact individuals and the community who rely on them. The Organizations Preparing for Emergency Needs (OPEN) program offers a ten-step action plan for essential community economic and social resilience. In this webinar, participants learned how to use OPEN in their organization to identify risks, locate resources, and consider immediate preparedness actions. This webinar was designed to help attendees understand the steps, and lead their own staff or community in business preparedness action.

Groups encouraged to attend: Community-Based Organizations, Faith based and Non-profit Organizations, Small Businesses, Institutes of Higher Education.

Recording link for Part 1: <https://fema.connectsolutions.com/pn0ogazc6yrm/>

Recording link for Part 2: <https://fema.connectsolutions.com/p4cypokvcgkm/>

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